

10932 Pine Street Los Alamitos, California 90720 Telephone: 562-493-9500 Fax: 562-493-6266

Code of Ethics - Athletes

Athletics is an integral part of the school's total educational program. All school activities, curricular and extracurricular, in the classroom and on the playing field, must be congruent with the school's stated goals and objectives established for the intellectual, physical, social and moral development of its students. It is within this context that the following Code of Ethics is presented.

As an athlete, I understand that it is my responsibility to:

- 1. Place academic achievement as the highest priority.
- 2. Show respect for teammates, opponents, officials and coaches.
- 3. Respect the integrity and judgment of game officials.
- 4. Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
- 5. Maintain a high level of safety awareness.
- 6. Refrain from the use of profanity, vulgarity and other offensive language and gestures.
- 7. Adhere to the established rules and standards of the game to be played.
- 8. Respect all equipment and use it safely and appropriately.
- Refrain from the use of alcohol, tobacco, illegal and non-prescriptive drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.
- 10. Know and follow all state, section and school athletic rules and regulations as they pertain to eligibility and sports participation.
- 11. Win with character, lose with dignity.

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Article 524).

By signing below, both the participating student athlete and the parents, legal guardian/caregiver hereby agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. We recognize that under CIF Bylaw 200 D, there could be penalties for false or fraudulent information. We also understand that the (school/school district name) policy regarding the use of illegal drugs will be enforced for any violations of these rules.			
		Printed Name of Student Athlete	
		Signature of Student Athlete	Date
Signature of Parent/Caregiver	Date		

A copy of this form must be kept on file in the athletic director's office at the local high school on an annual basis and the Principal's Statement of Compliance must be on file at the CIF Southern Section office.

Revised 7/05

PALOS VERDES HIGH SCHOOL

ATHLETIC & CO-CURRICULAR CODE OF CONDUCT

These guidelines shall apply to all infractions involving students who are in possession of or under the influence of alcohol, narcotics, and steroids on high school property or at any school sponsored activity.

A. First Infraction

- 1. 3-5 day suspension at discretion of principal based on facts.
- 2. 8-week suspension from all school activities, including athletic and all other extra curricular competitions.
- 3. Two sport athletes shall finish their suspension during a 2nd season of sport if necessary.
- 4. Students involved with non-athletic competing groups (band, pep squad, drama, etc.) shall have an appropriate suspension assessed by the principal.
- 5. A suspension from competition may be carried over from one school year to another at the discretion of the principal.
- 6. All students will serve a minimum 5-week suspension from competition, or the designated alternative. Students may reduce up to three weeks from the assigned 8-week suspension:
 - a. School or community service. Two 5-8 hour sessions will work off one week.
 - An educational option will allow a student to reduce one week from the suspension by attending two group meetings (i.e. alcoholics anonymous).

B. Second Infraction

 A second involvement with alcohol, narcotics, and steroids during the student's high school career will mean immediate reassignment to a school away from the home campus in compliance with the district safe school policy.

The philosophy of these guidelines is that students who represent their school and community will be held to a high standard, as outlined in the athletic and extra curricular clearance packet.