

Palos Verdes High School



The Wave



PTSA Newsletter

December 2009/January 2010

Volume 8, Issue IV

A Letter from the Principal

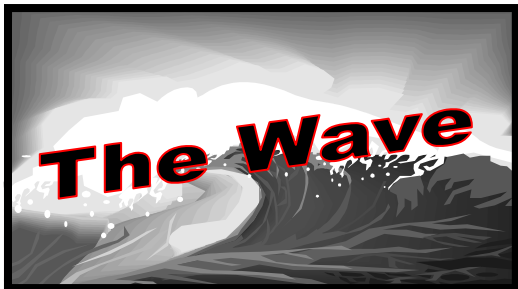
Thanksgiving is two days away as I write this message and we are headed into the holidays as you read this issue of "The Wave." This is a time of year to think of our families and to be thankful for everything that we have. Palos Verdes High School has been a family of sorts for the last 8 years and this has been one of the keys to our success. Many of you have sent two or more students to PVHS and you have seen the school evolve from a tiny school with 475 students into the very successful comprehensive high school you see today.

I know you are aware that this has been a tough year within our school family. Tragically we have had some of our parents die and it is so tough for students in high school when they lose their mom or dad. Please keep these families in your thoughts and prayers and we are doing everything we can at school with our counselors and teachers to keep an eye on these students during this difficult time. Let's continue with our prayers and positive thoughts to will the total recovery of David Carter who continues to fight for a full recovery from lymphoma. David has had a bone marrow transplant. He has shown significant progress but the road to recovery will be long. We are all behind you David! We have a number of students who have had significant injuries and illnesses and let's keep the same positive thoughts for them.

This is a very appropriate time for me to thank all of our moms and dads who have worked so hard within our PTSA to support our school. Many thanks to Kristin Curren and her Executive Board for their leadership this year. Thanks to all of our parents who have attended the monthly meetings. This is important and a great way to stay informed about what is happening at PVHS. A special thank you goes to all of you parents who have worked so hard on registration, disaster preparedness, Reflections, hospitality, gifting and in so many other areas. Speaking of gifting, our PTSA gifted over \$30,000 this winter to our teachers and staff and these funds will directly benefit our students.

I want to thank all parents who have supported our PTSA, the Booster Club and the Peninsula Education Foundation. Many of you have volunteered in our library, college and career center and in different offices. Parent support is a huge reason that this school has made such rapid progress. Thanks to everyone in "The PV Family." I hope you enjoy being with your respective families over the holidays.

~ Chris Bowles, Principal



The Wave is a publication of the Palos Verdes High School Parent-Teacher-Student Association.

Member of the PVP Council of PTA's / Thirty-Third District

PTSA
everychild.onevoice

California State PTA.

“Calm Seas Ahead”

2009-2010 PTSA

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Chris Bowles, Principal

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The deadline to submit articles for this newsletter is the 15th of the month prior to publication.

Email articles to
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The Wave is published monthly except January, June, July and August.

Approved:

Principal: C.B
PTSA President: K.C

From the PTSA President:

Calm Seas Ahead

“Remember this December, that love weighs more than gold!”
-- Josephine Dodge Baskam Bacon

Mr. Bowles and the Executive Board and I are concerned parents aren't finding it convenient to read this fine publication, The WAVE, now that it is only available on line. As communicated in the September & October WAVES, the board and membership voted not to print and mail the news-letter this year because it would result in an \$18,000 savings to the PTSA budget. It has also allowed us to include color photos and keep the news-letter more timely by not having to cut off submissions in order to accommodate the long lead time of a bulk mailing house.

One of the core goals of PTSA is to communicate ways to be involved in your student's school life and to participate in PTSA enrichment such as *Reflections, Red Ribbon Week, Yellow Ribbon Week, Disaster Preparedness, Drug & Alcohol Awareness programs, Capitol Convoy* and *parent education*. It has long been our goal at PVHS to ensure you feel connected to the school through the WAVE and other communications.

PLEASE visit www.pyhigh.com and click on the top right hand button Parents, PTSA to browse the website, read the past issues of The WAVE, and most important, email me to let me know your vote on whether to re-establish the mailed version of this newsletter. I can be reached at the email address below, and value any and all comments.

Mark your calendars for the next PTSA meeting, **Tuesday, January 26th, 9:15am, MPR** to hear from **Principal Bowles, Kristen Huber**, activities director, **Adam Genovese**, counselor, and **Teri Kuwahara** from the fine **College & Career Center**, as well as an update from **Peninsula Education Foundation** regarding progress toward the increased funding commitment to the district to fill the ever widening budget gap. Remember: your donations have Saved A Teacher and many vital programs. Our guest speaker is **Walker Williams**, superintendent, and he will give an update on the state of the state vis a vis PVPUSD.

The **February 23rd PTSA meeting** features **Catherine Davis, policy director at Yahoo, Inc.**, visiting from Northern California to bring her words of wisdom on Internet safety. She gives an overview of the current media space, the risks, and how schools and parents can mitigate these risks. Once again, we will extend an invitation to all three PV middle schools to attend, since this topic is so timely to 'tweens as well.

I continue my deepest gratitude to the fine women and men of the PVHS PTSA board and chair positions for all the dedicated, talented work you give the school. You and your students are the reason our school is so very fine and continually rates so high in such a wide range of academic achievement markers.

Merry Christmas, Happy Hanukkah, and the happiest of holidays to all in this most blessed season!

Kristin Curren
currens@cox.net

**Palos Verdes High School
PTSA ELECTED OFFICERS
2009-2010 EXECUTIVE BOARD**

"Calm Seas Ahead"

President:	Kristin Curren
Executive V.P.:	Julie Robinson
1 st VP: (Organization):	Sue St. Denis
2 nd VP: (Hospitality):	Valerie Adlam & Mary Ingram
3 rd VP: (Education):	Sue Hargrave & Sue Wilkinson
4 th VP : (Community Services)	Kim Brothers & Cindy Percz
5 th VP: (Communications):	Helle Catallo & Liz Duvall (Newsletter) Helaine Lopes (School Directory)
6 th VP: (Ways & Means)	Sheila Kafta & Mary O'Brien-Canon
Treasurer:	Julianne Sasso
Financial Secretary:	Vicky Mar
Auditor:	Lauren Phan
Recording Secretary:	Kathy Hopkins
Legislation:	Sherry Cicchetti
Historian:	Liz Brown-Swanson & Kathleen Hughes

APPOINTED BY PRESIDENT:

Parliamentarian:	Julie Virjee
Corresponding Secretary:	Eunjoo Pacifici

MEMBER AT LARGE:

PEF Rep:	Emiley Daly
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★ The mention of any business or service in this publication does not imply an endorsement by PVHS PTSA.

PVHS PTSA GENERAL MEETING MINUTES
TUESDAY, NOVEMBER 19, 2009, 9:00 A.M.
MEETING LOCATION – PVHS FACULTY DINING ROOM
KRISTIN CURREN, PRESIDENT

Welcome and call to order –9:05 a.m.

Attendance – 24 members present

Principal – Chris Bowles

Diviners is now being featured by the Drama Department

Construction of science classrooms is on target and will be ready for next year

A ‘No Skateboards’ rule is going into effect. Saturday detention will be given to those who don’t comply

Bleachers will be replaced early in 2010

Feb. 27th Catch the Wave Fundraiser. Donations are down less than 10% - hoping for good turnout at Fundraiser

Activities Director (Acting) – Tammi Dutko

Thanksgiving drive being organized by ASB to raise money by classroom to by food for needy families

Pathways for Change Challenge is to collect 200 new black socks to donate for homeless men

College Career Center – Teri Kuwahara:

Naviance will have a new look. Check out Test Prep section with direct links to URLs for test prep companies

PSAT giveback date is Dec. 16

PLAN – Saturday, Nov. 21, 8am-12 noon

Counselors – Trista Ramirez, Adam Genovese

Senior letter of recommendation process is in full swing. Most college application deadlines Nov. 30.

Sophomore Counseling – Jan. 26/27 in MPR

CCC is compiling a College Guidebook to be available on-line

Stress reduction sessions for Juniors offered Dec. 10/11

FAFSA – Financial How to Session – Jan. 7

Introduction of new counselor, Adam Genovese who will also act as PTSA liaison

PEF – Emiley Daly

PEF rolled out new fundraising campaign featuring new logo/no Phonathon

Look for ‘PEF window clings’ in businesses that donate

29 \$1000 Chuck Miller grants were awarded to teachers in the district

PV Follies – working on a fundraiser featuring talent show of district teachers

Booster Club – Cheryl Benesh

Basketball Fundraiser – Selling plaques with piece of ‘old’ gym floor featured along with photo of player

Gifting – Julie Virjee

MOTION made by Julie Virjee to accept the Gifting Committee recommendations as proposed in an amount not to exceed \$35,350.00. Seconded and carried.

Continued on Page 5

Parliamentarian – Julie Virjee

MOTION made by Julie Virjee to accept Julie Virjee, Kristin

Curren, Julie Robinson, Helaine Lopes, and Sue St. Denis as members of the review committee for review of Standing Rules. Seconded and carried.

MOTION made by Julie Virjee to accept Liz Brown Swenson, Sue St. Denis, Sue Hargrave, Sue Wilkinson, and Kathy Hopkins, with alternates Kim Brothers and Emiley Daley, as the 2010/2011 Nominating Committee. Seconded and carried.

Treasurer – Julianne Sasso

Treasurer's Report for the period 9/30-10/30, 2009 was presented and filed for audit.

MOTION made by Julianne Sasso to ratify checks numbered 1075 through 1135 in the total amount of \$26,970.59 which includes miscellaneous bank charges against the account. Seconded and carried.

MOTION made by Julianne Sasso to release \$33,350.00 for Gifting. Seconded and carried.

Recording Secretary – Kathy Hopkins

MOTION made by Kathy Hopkins to approve the minutes from the October 27, 2009 General Meeting. Seconded and carried.

1st VPs – Sue St. Denis

Membership – Striving for 100% Teacher Participation Award. Currently have 70 teacher members
Membership Cards – Available week of 11/23 distributed via English classes

2nd VPs – Valerie Adlam and Mary Ingram

Holiday Teacher Appreciation event being planned for Dec.

3rd VPs – Sue Hargrave and Sue Wilkinson

Reflections – 70 entries received. Gave cash gifts and served LBJs. Five entries moving on to District level

4th VPs – Kim Brothers and Cindy Percz

Disaster Drill was successful and orderly with few infractions. Note made to improve labeling posted on outside of classrooms. Student release site is at Via Pacheco and Epping.

Create a plan for your students so that they know where you will look for them in case of emergency

Volunteer Fair – Thirteen charitable organizations were at the Fair. The Guide Dog group was very popular.

RRW – students took turns wearing black t-shirts and being 'statistic' students related to drug or alcohol abuse

5th VPs – Helle Catallo, Liz Duvall and Helaine Lopes

Dec. and Jan. issues of the Wave are combined - article due date Nov. 27

Discussion re the WAVE - are people reading it with on-line distribution only?

6th VPs – Sheila Kafka and Mary O'Brien Cannon

PVHS Merchandise Update – Trying to establish where to sell and at what venues

Costume Closet – Halloween was busy. May charge on occasion for cleaning. Need walkers to wear costumes in Rolling Hills Holiday Parade on Dec. 5, 7p.m. Costumes free to volunteers.

MOTION made by Julie Virjee to accept the official revisions of the Bylaw Standing Rules Committee. Seconded and carried.

Meeting Adjourned 10:55 a.m.

Respectfully Submitted,

Kathy Hopkins

PTSA GIFTING UPDATE

The PTSA Gifting Committee met in the first part of November to review staff requests for departmental gifts, equipment and supplies to benefit our students. After reviewing the requests, the committee came up with items to be gifted in an approximate amount of \$33,500.

The Committee recommended that the PTSA general membership approve these items to be gifted at our general meeting on November 19, 2009.

The motion passed unanimously. We are so very thankful to the generous Sea King families who make all of this possible.

Here is just a small sample of the kinds of items Gifted to Palos Verdes High School and most of these items are in the classroom already.

- For Music, Instrumental and Vocal- Copies of Finale, 2009, Composition Software, 2 MIDI Keyboards, Chairs, Music Department Honors Recital, Programs, Piano for the Choir Room
- Nurse/Health Education- Masks, Educational Posters
- Counseling Office- Transcript stamps, etc.
- Special Education-paper, pads, ink, IEP supplies, etc.
- Math- Dry Erase Kits, Protractors, Graph paper, Algebra game sets, manipulatives, CMC Conference-4 teachers, etc.
- College and Career Center- New computer, flatbed scanner, software, etc. Bulletin Board
- English- AP conference, Literary Author conferences
- Art- Flash drives, computer upgrade, Display case, Shaping tools, Dance supplies
- Social Studies- Early World Maps, Modern World Maps
- Cultural Revolution books, Government info, NY Times Upfront , Psych Teaching Modules, etc. etc.
- Science-Saltwater Touch Tank, Chem supplies, Envi Sci supplies, AP Bio and Anatomy/Physiology supplies, Bio 2 supplies, etc, etc.

Many thanks to the Gifting Committee members who helped make these recommendations: Principal Chris Bowles, Kristin Curren, Julie Robinson, Julianne Sasso, Sue St. Denis & Tina Quinn

I am so grateful for such a fantastic committee!

Thank you one and all—and thank you to the staff for taking the time to make such thoughtful requests.

Julie Virjee
2009-2010 PVHS PTSA Gifting Chair



**Palos Verdes Peninsula Council of PTAs
STRAW BALLOT for 2010-2011 COUNCIL OFFICERS**

The PTA **Council** Nominating committee needs/wants your suggestions for next year's officers. **Please** return by mail or e-mail by **1/4/10** to the Council Parliamentarian Julie Robinson (phone) 310-541-3441, (email) robsons1@cox.net, (mail) 55 Empty Saddle Lane, Rolling Hills Estates, CA 90274.

PLEASE LIST ONE OR MORE NAMES ON EACH LINE. If possible, include the nominees' school. If the individual(s) you nominate have expressed an interest in the position, it would be very helpful if you would so indicate that.
THANK YOU!

PRESIDENT* _____

EXECUTIVE V.P. _____

1st VP (Organization) _____

2nd VP (Hospitality) _____

3rd VP (Education) _____

4th VP (Community Service) _____

5th VP (Communications) _____

6th VP (Ways & Means) _____

TREASURER _____

FINANCIAL SECRETARY _____

AUDITOR _____

RECORDING SECRETARY _____

CORRESPONDING SECRETARY _____

LEGISLATION _____

HISTORIAN _____

Your name (optional) _____ I am interested in serving in the following position(s): _____

GENERAL SUGGESTIONS FOR OFFICERS OR CHAIRMEN: Please list area(s) of interest and school, if known. _____

*Standing Rule #13-Qualifications for Council President: Must have served two years on the PVP Council Executive Board, one of which must have been as a Unit President, or Executive Vice President and one of which must have been as an elected officer of PVP Council.



Congratulations
on receiving recognition
for the



2009 PVHS PTSA

Reflections Program

Visual Arts:

- 1st Qing Qing Miao
- 2nd Max Mchealy
- 3rd Alex Palmer
- HM Qing Qing Miao
- HM Darien Kim

Photography

- 1st Kelly Podesta
- 2nd Connor Smith
- 3rd Jessica Tam
- HM Nicole Hebert
- HM Charlotte Newell
- HM Melissa Hester
- HM Jordan Newell

Film Production

- 1st Rachel Moore

Music Composition

- 1st Brittany Finney
- 2nd Anna Chen
- 3rd Ryan Jones

Literature

- 1st Kelly Kosaka
- 2nd Kaneko Kanako
- 3rd Jenny Chien
- HM Bree Swenson



Photos
courtesy of
Aileen
Willoughby



First place recipients have continued on to PVPUSD Council level
and will be featured at the April 14th Council Awards ceremony

Start now on next year's theme "Together we can..."

PVHS Music Department Update

The PVHS Music Department has gotten off to a fantastic start this year. The marching band has made impressive performances at varsity football games and all of the music groups have been preparing for the winter concerts. This month we would like to acknowledge some of our musicians' accomplishments as well provide details for the upcoming winter concerts.

Evonne Yi at Interlochen

Earlier this year, principal cellist and senior Evonne Yi was accepted into the extremely prestigious Interlochen summer program. The Interlochen program, based in Michigan, is a vigorous six-week music intensive that involves daily rehearsals, music electives and coaching, and even the opportunity to play with the Interlochen Philharmonic. The acceptance process for Interlochen is an ordeal all its own; Evonne notes, "we [the musicians in the orchestra] were given new audition music every two weeks, and we only had a few days to practice for each of them." Evonne's acceptance is all the more impressive considering she has only been playing the cello for the past five years. Congratulations Evonne; we are proud to have you as a member of our music department!

Upcoming Events

Pinkberry Fundraiser

On Friday, November 20, from 4:00-8:00 pm, there will be a fundraiser at Pinkberry (next to TJ Maxx at the Peninsula Center). Come enjoy a frozen yogurt, parfait, or smoothie! Just make sure to mention why you're there, and 15% of your proceeds will go to the Music Department. Questions? Contact Simon Sverdlov at simonsverdlov@yahoo.com.

Peninsula Holiday Parade

The PVHS Marching Band will be marching again this year at the Peninsula Holiday Parade on Friday, December 4. Last year the marching band placed first in their category; Jennifer Hong, David Lillington, and Ian Pape won first place awards in the drum major category.

Winter Concerts

The PVHS Winter Concerts, both instrumental and choral, will once again be organized and managed by the Tri-M Music Honor Society members.

- The Jazz Concert will be held on Wednesday, December 9, in the PVHS MPR at 7 pm.
- The Orchestra Concert will be held on Thursday, December 10, in the PVHS MPR at 7 pm.
- The Choral Concert will be held on Thursday, December 17, at St. Francis Episcopal Church at 8 pm.

Admission to the Jazz and Orchestra concerts will be \$2 or 2 canned food items for adults, \$1 or 1 canned food item for students and children. All money and food will be donated to a charity for the holidays.



PRESS RELEASE

PALOS VERDES HIGH SCHOOL
600 Cloyden Road Palos Verdes Estates, CA 90274 • (310) 378-8471
FOR IMMEDIATE RELEASE

Contact: Elizabeth Sax
Public Relations Volunteer
(310) 377-0325

COME ROCK IN THE HOLIDAYS DECEMBER 5th WITH THE PALOS VERDES HIGH SCHOOL (PVHS) CHOREO TEAM

December 5th the Palos Verdes High School Choreo team, under the direction of Kathleen Mastan, will rock in the holiday spirit by kicking off the Rolling Hills Estates Festival of Lights Parade, commencing at 6pm. The Choreo team, which is comprised of Freshman, Sophomores, Juniors and Seniors will be performing to Rockin' Around the Christmas Tree. Mark your calendars for the fabulous Spring Choreo Show, on April 1st and 2nd at the Armstrong Theatre in Torrance, where the Choreo team will showcase both professional and personal choreography to some of your favorite movie theme songs. Look for more ticket information in March.



The Palos Verdes High School Dance Department represents a nonprofit organization that supports the Palos Verdes School District's dance students, and the community-at-large through performance. Funds raised will be put toward the enhancement of the school's Dance Programming and the improvement of the Performing Arts Building .



ASB Update

This past month of November ASB had their hands full with plenty of events and activities. For example, their CADA leadership field trip where 8 ASB students went to a conference with ASB members from other schools, and shared ideas concerning everything from pep rallies to fundraisers. Another event put on by ASB's was the *Pathways for Change* "Tender Lovin' Turkeys" fundraiser. *Pathways for Change* is an extended community service project put on by ASB to raise funds for different organizations. The most recent *Pathways for Change* event raised \$2,248.19 to provide 30 families with a thanksgiving dinner. The families we raised money for were spread out all through the south bay, and had students delivering to them in Inglewood, Harbor City, Torrance, Wilmington, San Pedro, and Carson.

Another event on ASB's to-do list is tacky sweater day! Tacky sweater day will be held December 18, and is a day where students and faculty members wear their favorite tacky holiday sweater the day before they are released for break.

Our next *Pathways for Change* challenge is to raise over 2,000 pairs of black socks for the homeless. PVHS is teaming up against PVIS to see who can raise the most socks between the two schools. ASB will be working with The Giving Spirit, the organization who will be distributing the socks to the homeless. Winter Break is coming up, so happy holidays and go **Sea Kings!**



Girls' Volleyball

The Girls' Varsity Volleyball team has wrapped up another successful season with some great victories, an appearance in the CIF playoffs, three players named to All-Bay-League teams, and two seniors headed off to play Division 1 volleyball in college. With lots of support from the parents and excellent guidance and training by coaches Patrick Lynch and Aaron Dyer, the team made PV proud. The last regular season game was our second victory over the Peninsula Panthers, this time at Peninsula, to prove that our girls are the Queens of the Hill. Amid crazy cheering, PV beat Pen in three out of four games to win the match.

The Lady Sea Kings tied with West High for third place in the Bay League and received a bid to the CIF playoffs. Though we were only able to take one game off of Royal High School in Simi Valley, we fought hard throughout the match that ended our season.

Three players were honored to be selected to All-Bay-League teams by the league's coaches. Middle blocker Caroline Daly was chosen for the 1st Team, and middle blocker Nicole Percz and setter Kelly Johnson were chosen for the 2nd Team. Considering the extremely high level of play in this league, having three all-league players shows how far PV's volleyball program has come in the past few years.

Our team is losing four seniors to graduation. Co-captain Nicole Percz will be continuing her volleyball career at Bryant University in Smithfield, Rhode Island. Co-captain Caroline Daly will be playing at Southern Methodist University in Dallas, Texas. Turner Park and Chloe Jillings will surely be the stars of their schools' club or intramural teams if they choose to play in college. All four seniors will be missed, but our young team will continue to get stronger from the experience gained during this high school season and the upcoming club season. We'll definitely be a force in the Bay League again next year!

College and Career Center News

SAVE THE DATE: WEDNESDAY, DECEMBER 16 FOR PSAT GIVE-BACK AND TESTING INFO

PVHS will present a free program on Wednesday, December 16 at 6:30 pm. in the MPR for juniors and sophomores and their parents to provide perspective on the PSAT scores and additional information on college admissions testing. This program will help participants understand what the PSAT scores indicate as well as provide guidance for planning the next steps to college admission.

FINANCIAL AID INFORMATION HELP JANUARY 7

For parents of Seniors, January 1 is the first day you can submit your FAFSA (Free Application for Federal Student Aid). You have until March to submit it in order to be meet the deadline for CalGrants. Even if you do not think you will qualify for Federal Aid, submitting the FAFSA is an important step in qualifying for other types of merit or need-based aid from colleges and community scholarship programs. PVHS will host a hands-on workshop Thursday, January 7 at 6:30 pm. for parents and students who need assistance filling out their FAFSA. This is a free program but space is limited and registration will be required. For details, e-mail pvhsgcc@pvpusd.k12.ca.us and note FAFSA Workshop in your subject line.

You can also access many important links for financial aid through the Financial Aid Link under CCC on the PV High website, including:

General Info: with overview, glossary, websites

FAFSA: with pin registration, link to form, FAFSA4caster, Student Aid Report (SAR), Expected Family Contribution (EFC)

CSS Profile : with link to College Board for form

WUE (Western Graduate Exchange): with link to website and list of participating colleges

The site also includes links to Scholarships, Grants and other important information on paying for college.

FREE SAT and ACT TEST PREP

Thanks to the generous support of the PVHS Booster Club, we now have free SAT and ACT Test Prep programs for all PVHS students, available through Naviance. This is a great way for students to familiarize themselves with both test formats, take practice tests and have guided lessons that include audio components. Students who are utilizing this resource tell us they especially like the flexibility of working at their own pace and within their own schedule as these test prep programs are accessible from home or school computers. Encourage your student to explore the Method Test Prep program on Naviance. The tab for this program is located under " About College". Simply click on "test preparation." The test prep resource is purely instructional and no results are shared with any college, university or third party.

PVHS ALUMNI DAYS DECEMBER 17 and JANUARY 6.

The CCC welcomes all PVHS graduates to stop by campus on Thursday, December 17 or Wednesday, January 6 between 11:30 and 1:30 pm. to catch up with classmates and share highlights of their college experience with current PVHS students. We will provide pizza for all alumni and encourage them to wear a sweatshirt or t-shirt representing their college or career. If you know a graduate who will be back home during the holidays, encourage him or her to stop by and join us. It is always a fun day for the grads, as well as for our teachers and current students who enjoy hearing about their paths after PVHS. Interested alumni should rsvp to pvhsgcc@pvpusd.k12.ca.us so that we can make arrangements to accommodate everyone who can attend.

WEEKLY UPDATES

The CCC e-mails a weekly update to all students and parents registered on Naviance. If you would like to receive the updates, please verify that the e-mail address on your Naviance account is up to date and that both student and parent are registered on Naviance. A copy of the weekly update is also posted on the PVHS website under CCC weekly news. The College and Career Center is located in Room 318 and open for students and parents daily from 9 am to 1 pm. and by appointment. For questions or more information, stop by during our office hours, or e-mail us at pvhsgcc@pvpusd.k12.ca.us.

SAT Program

Prepare for the March SAT

A fundraiser for the
PVHS PTSA!
Provided by DB Academics

A Proven Approach

A teaching-oriented program designed to improve skills and significantly raise test scores. DB Academics brings over 20 years of experience and expertise to enhancing students' tests scores.

Results

- An industry-best 230 point average score increase!
- 83% of our students raise their scores at least 150 points!
- Many of our students raise their scores over 300 points.

Content/Cost/Location

\$495 Workshop includes:

- 35 instructional hours
- 2 practice tests
- 6 hours per week allotted for free private SAT tutoring while program is in session (in addition to the 49 instructional hours). Students sign up for half hour sessions.
- Workbook and College Board SAT Book
- All classes are held on the Palos Verdes High School campus.

About DB Academics

DB Academics is a professional tutoring and test prep company located in Rolling Hills Estates. Led by David Berger, a credentialed educator with over 25 years of teaching experience, they have been providing the Palos Verdes High School PTSA with SAT Preparation Programs for the past two years and have been working with the Peninsula High School PTSA for the past 16 years.

Contact Info

DB Academics
Phone: 310.377.4509
Email: daacad777@yahoo.com
Web: www.dbacademics.com

SAT Workshop

Workshop Schedule

Pre-Test

Sunday – February 7 9am-2pm

Instructional Dates

Wednesday – February 17 6-8pm
Sunday – February 21 10am-3pm
Wednesday – February 24 6-8pm
Sunday – February 28 10am-3pm
Wednesday – March 3 6-8pm
Sunday – March 7 10am-3pm
Wednesday – March 10 6-8pm

Mid-Term

Sunday – March 14 9am-2pm

Instructional Dates

Wednesday – March 17 6-8pm
Sunday – March 21 10am-3pm
Wednesday – March 24 6-8pm
Sunday – March 28 10am-3pm
Wednesday – March 31 6-8pm
Wednesday – April 14 6-8pm
Sunday – April 18 10am-3pm
Monday – April 19 6-8pm
Wednesday – April 21 6-8pm

Final Test

Sunday – April 25 9am-2pm

Final Review

Wednesday – April 28 6-9pm

NOTE: Weekend classes include a lunch break from 12-1 p.m.

QUESTIONS? Please contact DB Academics at 310.377.4509 or daacad777@yahoo.com

TO ENROLL: Mail a check for \$695.00 payable to PVHS PTSA with the form below to:
Kerbanu Pudumjee, 2672 Via Olivera, P.V.E., CA 90274

Payment is non-refundable.

An email confirmation will be sent to students who supply a legible email address

SAT WORKSHOP

Enclose a check for \$695.00 payable to PVHS PTSA – Payment is non-refundable.

Please write "SAT Prep Class" and your name on the memo line of your check.

Student's Name _____ Grade _____

Address/City _____ Phone _____

Parent's email address (*please print*) _____ Fall Math Class _____



Fall Travels

by Teri Kuwahara, Director of the College & Career Center

The National Association for College Admission Counseling holds their national conference every September and year counselors Merika McHugh, Andrea Pellicane and I traveled to Baltimore for the three-day conference with 5,000 college admission professionals. We attended a variety of workshops, exhibits and discussions with post-secondary college admission officers, high-school counselors and independent counselors. This year I attended several workshops on technology and counseling the learning disabled student. In addition, while in Baltimore I toured Loyola University Maryland and Johns Hopkins University.

Before I arrived in Maryland, I was invited to a tour of Indiana Colleges with 24 other high school professionals from around the nation. This two-day intensive tour included Indiana University, Earlham College, Purdue University and Butler University – all within a bus drive from Indianapolis. Below are highlights from my Indiana college tour:

Indiana University



Indiana University has a highly respected music program and greeted our tour with student musicians and their rousing fight song. Many of these students were doctoral candidates in their instrument of choice which was quite impressive.

Indiana University at Bloomington is located about two hours from Indianapolis is a large college town. With an enrollment of over 30,00 students with a wide variety of programs for undergraduate and graduate students. The Bloomington campus is the largest of eight campuses. Out of state tuition is about \$25,000 plus room and board.

In addition to their music program, Indiana University at Bloomington highlighted the Kelley School of Business, School of Journalism, School of Law and Honors College for our tour.. Other majors include Fine Arts, Nursing, Social Work, Health and Recreation, Optometry, Public and Environmental Affairs, Education and Informatics.

Division 1 – Big Ten Conference Athletics. Indiana University is most famous for their Hoosier basketball, soccer and swimming/diving programs.

Visit their website at: www.indiana.edu



Naviance Gets a New Look

Don't be alarmed during winter break when you log-in on Naviance and you don't recognize it. Naviance has been undergoing changes and a makeover. No longer called Workspace K12, Naviance will be known as Succeed.

The screenshot shows the Naviance website interface. At the top right is the Naviance logo. Below it, the text reads "All features are the same...just prettier". The main content area shows a search for "Cornell University :: Ithaca, NY :: U.S.". To the left is a sidebar with navigation options like "courses", "colleges", "careers", and "about me". Below the search results, there are sections for "DOMESTIC ADMISSIONS" and "INTERNATIONAL ADMISSIONS". A table titled "How You Compare" shows data for "Charise McKenzie Shaffer" and "Cornell University". Below this is an "Application History" table.

How You Compare	CPA	PSAT to SAT 1600	PSAT to SAT 2400	Single SAT 1600	Combined SAT 1600	Single SAT 2400	Combined SAT 2400	PLAN to ACT	ACT	IB	Accept
Charise McKenzie Shaffer	-	-	-	-	880	1400	1400	-	-	-	-
Cornell University*	3.68	1326	2019	1326	1348	2019	2020	24	24	37	30/70

Class	Apply	Admit	Enroll
2008	9	5	7
2007	17	9	2
2006	6	4	0

This new look will begin on December 18th.

(All schools currently subscribing to Naviance must make the switch by January 2010.)

Freshmen will receive their registration codes for Naviance in January during Freshman Counseling in their English classes.

If you forgot your Naviance code, contact the College & Career Center at: pvhsccll@pvpusd.k12.ca.us Parents may also request a separate code. Your email address must be registered on Naviance in order to receive the Weekly CCC Bulletin with helpful college and scholarship updates.

Departure

After almost 5 years in the College & Career Center, Crissy Cheney is leaving Palos Verdes High School at the winter break.

Crissy has been a moving force in the development of the College & Career Center since the PVHS opened in 2003. She has devoted most of her time working with students on their financial aid and scholarship searches while coordinating Senior Awards. She initiated the successful Junior Book Award program that presents deserving 11th grade students with a book selected by universities across the nation.

In 2009, Crissy stepped away from her duties as Scholarship and Financial Aid Coordinator to assist part-time with CCC communications and special projects. She will be missed but has generously offered to volunteer when needed.

Please join us on Thursday, December 17 at 12:30 p.m. in the CCC for an informal cake reception as we bid Crissy a fond farewell.

Sea Kings

Our first Pathways for Change Challenge is to collect at least 2,000 black, cotton crew socks between 12/1 and 12/9. We will be competing against PVIS for bragging rights and the class that donates the most socks will get Class Competition points for second semester. Both schools teamed up with The Giving Spirit, an organization whose mission is to serve the homeless community in Los Angeles.

Here are some details:

1. Please donate men's crew socks (made for warmth) that are at least 70% cotton.
2. ASB students will be posted in front of the band room / Faculty Dining Room area between 7:30 and 8 am (12/1 - 12/9) for sock collection as students get dropped off for school. Students can drop off socks in room 301 any other time during the school day.



Thank you for being a leading light!

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Go Sea Kings! The Huebner
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Thank you to these families at PVIS for their generosity and donations to the Peninsula Education Foundation to help reach our goal of \$2 million for the 2009-2010 year.

The fact of the matter is that the situation our schools are in calls for all of us to do what we can.

We know how that sounds. It seems like every time you turn around, someone is asking for money. Whatever happened to the good old days when California schools (and PV schools in particular) were the pride of the state?

Your donation to PEF is the one assurance you have that someone (besides you, of course) is looking out for the interest of your child. Helping to keep great teachers teaching and important programs at your school to give your child the best education he can get.

To learn more, go to www.pvpef.org. While you're there, please make an online donation. And thank you for being a leading light!



www.pvpef.org P.O. Box 2632, Palos Verdes Peninsula, CA 90274 310.378.2278 Donations are tax deductible to the full extent of the law. Tax ID#95-3498211



Thank you for being a leading light!

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**Happy Thanksgiving from the
Peninsula Education Foundation
Board of Trustees and Staff!
May you enjoy a day filled with family, friends,
good food and laughter!
We are thankful for our supporters!**

**Please enjoy these special offer coupons as you shop this Holiday Season,
brought to you by the PVP Chamber of Commerce.**

Purchase a Promenade on the Peninsula gift card and **10% of your gift card purchase will be donated to the PENINSULA EDUCATION FOUNDATION** with coupon only. Plus, pay no transaction fee. Conveniently sold at the Ice Chalet during business hours. Hurry, while supplies last! Go to www.PVPcoupons.com to get your Promenade Gift Card offer and help support our schools!



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Receive special discounts and valuable offers at local merchants

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Website launching November 19, 2009

Support your community!

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www.palosverdeschamber.com 310.377.8111

CATCH THE WAVE 2010

Catch The Wave 2010 is getting ready to head "South of the Border"! Mark your calendars now for Saturday, February 27th, 2010 at the Palos Verdes Country Club. This year's theme is "Cabo Cabaña" and promises to be a fun-filled evening including silent auction, dinner, casino and dancing. This will be the party of the year!

This year your support is needed more than ever. Won't you join us by supporting Booster Club and PVHS in whatever way you can? Please consider being a "Cabo Cabaña" sponsor or donating an item to our online/silent auction. The event's success is largely due to the fantastic support and auction items that our families donate to the event each year. No donation is too big or small!

Donations of tickets to sporting events or concerts, videos or video games, X-box or Wii game systems, iPods or iPhones, weekends at vacation homes, and gift certificates are needed. Why not create a special experience – grab friends and host a dinner, tennis tournament, poker party or create a unique family outing. Own your own business? Why not donate your expertise – an hour of computer programming, music lessons, design or construction services make fantastic auction items. Contact Auction Chairs Helen Hitzel at DHHitzel@aol.com or Christine Rich at richfamily6@gmail.com if you would like to make a donation or if you have an idea.

Another way to support *Catch The Wave* is through sponsorship. Event sponsorship is greatly appreciated – the event simply would not happen without sponsors! For more information about sponsorship levels see the enclosed forms or visit the Booster Club website at www.pyboosterclub.com and click on *Catch The Wave* event link. Contact Judy Flanagan at flan2002@yahoo.com with questions.

Thank you for your support!

Suzanne Dyer
Event Co-Chair
stdyer@aol.com

Sandy Fisler
Event Co-Chair
fishers3@cox.net

CATCH THE WAVE 2010

**Support Palos Verdes High School's
"Catch The Wave" fundraising event
with an easy donation to the
"Instant Wine Cellar"!!!**

Looking for an easy way to help our "Catch The Wave" – Cabo Cabaña fundraiser???

Donate to the 3rd Annual
"Instant Wine Cellar" Auction

Three easy ways to donate:

1. Contact **Manhattan Fine Wines in Manhattan Beach** at (310) 374-3454. Speak to either Joe or Ken. Provide your credit card number and the dollar amount you want to donate. We will take care of selecting the wines for you.
2. Go to **Manhattan Fine Wines at 1157 Artesia Boulevard, Suite A in Manhattan Beach** (at the corner of PCH/Sepulveda and Artesia Blvd. next to McDonalds). Provide cash, check or credit card for a dollar amount or purchase wine of your choice – they will set them aside for our instant wine cellar.
3. Donate wine that you have in your personal wine collection or that you have purchased elsewhere. Contact **Lori O'Hern** at (310) 544-1613 or lfohl@cox.net to donate.

The "Instant Wine Cellar"

Will be auctioned at "Catch The Wave" – Cabo Cabaña in February.
Contact Lori O'Hern (310) 544-1613 or lfohl@cox.net for more information.

Manhattan Fine Wines is open Monday through Saturday from 10:00 a.m. to 8:00 p.m.
and Sunday from 11:00 a.m. to 6:00 p.m.

Thank You!

CATCH THE WAVE 2010

Palos Verdes High Booster Club
P.O. Box 785
Palos Verdes Estates, CA 90274
School Address: 600 Cloyden Road
Palos Verdes Estates, CA 90274
(310) 378-8471 FAX (310) 378-0311



Catch the Wave 2010 - Event Chairs

Suzanne Dyer - stdyer@aol.com
Sandy Fisler - fislers3@cox.net

"Catch the Wave 2010"

A Benefit for Palos Verdes High School

AUCTION FORM

Donation _____

Please provide details and describe donation in the manner in which you wish to be printed in the Auction Catalog. _____

Please list any restrictions and/or expiration dates: _____

Company and/or individual to be acknowledged in auction catalog: _____

Address: _____ Phone: _____ Fax: _____

City/ST: _____ Email: _____

Zip Code: _____ Website: _____

Person to contact for donation: _____ Title: _____

Est. value of donation: \$ _____

I understand that this donation will be used for the purpose of a benefit auction. The proceeds from this donation will provide financial support for the academic, art and athletic needs of the students at Palos Verdes High School.

Signature of Contributor: _____ Date: _____

Donations of cash, goods, or services are tax deductible. No goods or services were provided in return for this donation. Palos Verdes High Booster Club Tax I.D. #30-0005919

THANK YOU FOR YOUR SUPPORT!

Palos Verdes High representative: _____ Phone: _____

White Copy - Event / Yellow Copy - Accounting
Pink Copy - Donors tax receipt, please retain for your records

SPONSORSHIP BENEFITS FOR
CATCH THE WAVE 2010

"Cabo Cabaña"

El Rey Del Mar (Sea King) - \$10,000+

El Rey del Mar sponsors will receive 10 Catch the Wave tickets, a reserved dinner table for ten, reserved parking at the event, complimentary wine with dinner, and thank you gift.

El Jefe - \$2,500+

El Jefe sponsors will receive 4 Catch the Wave tickets, reserved parking at the event and complimentary wine with dinner.

Hermano - \$1,000+

Hermano level sponsors will receive 2 Catch the Wave tickets and 4 drink tickets.

Compadre - \$350+

Compadre level sponsors will take home a centerpiece and receive 4 drink tickets.

Amigo - \$100+

Be an amigo and sponsor a PVHS teacher to attend Catch the Wave happy hour.

Baja Booster - Of course any amount is appreciated!

ALL DONORS WILL RECEIVE NAME RECOGNITION AT THE EVENT, AT PVHS, IN THE BOOSTER CLUB NEWSLETTER, AND ON THE BOOSTER CLUB WEBSITE. THANK YOU FOR MAKING THIS EVENT POSSIBLE!!

Please complete sponsorship form on reverse side of this page...

Contact Judy Flanagan at flan2002@yahoo.com with questions.

CATCH THE WAVE 2010

"Cabo Cabaña"

Saturday, February 27, 2010
Palos Verdes Country Club

Be a Catch the Wave Sponsor!

All sponsors' names will be prominently displayed at PVHS, at the Catch the Wave event, on the Booster Club website and in the Booster Club newsletter. Go to the website at www.pvboosterclub.com for more information about CTW sponsorship levels and benefits.

**Yes, I want to sponsor Catch the Wave 2010
"Cabo Cabaña"**

- El Rey Del Mar** \$10,000+
- El Jefe** \$2,500+
- Hermano** \$1,000+
- Compadre** \$350+
- Amigo** \$100+
- Baja Booster** Any amount is appreciated!

Sponsor Name _____

Phone _____

Address _____

Name as it should appear in acknowledgement _____

Web Page Address (business sponsors) _____

My company matches funds _____

Donations are tax deductible. PVHS Booster Club Tax ID #30-0005919
Please return completed sponsorship form with check payable to PVHS Booster Club in envelope provided to: Palos Verdes High School Booster Club
P.O. Box 785 Palos Verdes Estates, CA 90274.

Other Announcements

Sea Kings,

Just a reminder that starting Monday, November 30th 2009.

Any student who brings a skateboard on campus, or any other device on wheels (skateboard, scooter, etc.) will face disciplinary consequences. Saturday school detention will be given for a first offense to any student who has a skateboard on campus.

PVHS Administration

PTSA GENERAL MEETING

January 26, 2010

9:15 a.m., MPR

Winter Break:

Dec. 19, 2009 - Jan. 3, 2010

Additional Thank You's...

Thank you to the following people who generously contributed to the annual PTSA donation. We sincerely appreciate all of your contributions!

Mike and Sue Hargrave
Tina Vargas and Robert Stefan



A. 2009-2010
School Planner \$10.00

PVHS MERCHANDISE AVAILABLE IN THE STUDENT STORE!



B. Book Cover
Red or Black \$4.00



C. White Zipper Hooded Sweatshirt
S, M, Lg, XL, 2XL
\$45.00



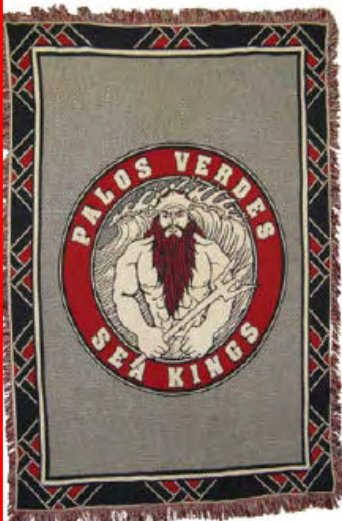
D. Black Zipper Hooded Sweatshirt
S, M, Lg, XL, 2XL \$45.00



E. Grey Pullover Hooded Sweatshirt
S, M, Lg, XL, 2XL \$40.00



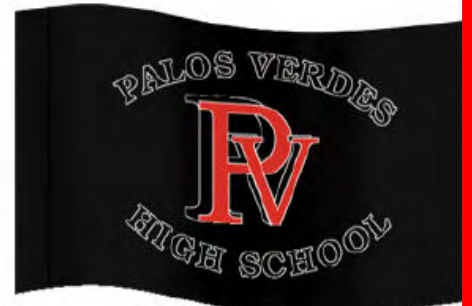
F. Ladies Microfleece Jacket
Full-Zip, Seaking Embroidery
S, M, Lg, XL, 2XL \$60



G. Woven Afghan
50" x 60" \$55.00



H. Microfleece Stadium Blanket
\$40.00



I. Home/Garden Flag
\$35.00



J. Carabiner Keychain
\$2.00

***Please make checks payable to PVHS PTSA.**

The Student Store is open during regular school hours and is located next to the cafeteria.

December 2009/January 2010

IMPORTANT DATES

- December 7** **Water Polo and Cross Country Banquet**
- December 8** **Quest Parent Meeting, Peninsula High, PAC, 7pm**
- December 8** **Booster Club Meeting, Library, 7pm**
- December 9** **Jazz Band Concert, MPR, 6pm**
- December 10** **Orchestra Concert, MPR, 6pm**
- December 15** **Football Banquet**
- December 16** **College Admission Testing Night, 6:30pm, MPR**
- December 17** **Vocal Music Concert at St. Francis Episcopal Church**
- December 18** **MINIMUM DAY, Beginning of Christmas Break**
- January 4** **School resumes**
- January 12** **LATE START**
Principal Forum for incoming 9th graders, 5pm
Quest Parent Meeting, Peninsula High, PAC, 7pm
- January 13** **NCAA Night, 6:30pm, MPR**
- January 14** **PTSA Exec Board Meeting, 9am, FDR**
- January 18** **MLK, Jr. HOLIDAY-NO SCHOOL**
- January 19** **Finals Review**
- January 20-22** **FINALS**
- January 26** **PTSA Meeting, 9:15 am, MPR**
- January 26-28** **Sophomore Parent Night, 6pm, MPR**
- January 30** **WINTER FORMAL, 8pm**