

EDUCATIONAL PLANNING GUIDE

FOR

PALOS VERDES HIGH SCHOOL STUDENTS

2010-2011



Prepared and published by:
Office of Educational Services
PALOS VERDES PENINSULA UNIFIED SCHOOL DISTRICT
in cooperation with the
Administration and Counseling Staff
PALOS VERDES HIGH SCHOOL

<http://www.pvhigh.com>

FEBRUARY 2010



**A MESSAGE TO STUDENTS
AND PARENTS
FROM THE SUPERINTENDENT
OF SCHOOLS**

During your high school years, you will be making several important educational and career decisions. To assist you in this decision-making process, we have prepared this *Educational Planning Guide*.

This comprehensive student planning guide has been prepared by the school district in cooperation with the high school counseling offices and is issued in hopes that you will use it as a permanent reference throughout your freshman, sophomore, junior, and senior years. It contains information about graduation requirements, academic and co-curricular opportunities, college entrance requirements, and various other facts important to your success in high school, college, and/or the career you choose to follow.

This planning guide is intended to be used in consultation with guidance and career center personnel at the high schools. The counseling department and college/career center can provide in-depth information about each of the topics contained herein and is anxious to assist you and your parents in designing a high school program that best meets your individual needs.

College admission and other requirements are subject to change, and the District plans to update this booklet annually to reflect any such changes.

I urge you to place this guide in your notebook or some other safe place so that you can use it (or any supplementary revisions) as a reference throughout your high school years.

Walker Williams
Superintendent of Schools

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GENERAL INFORMATION

ACCREDITATION

Palos Verdes High School is operating under a maximum term of accreditation granted by the Western Association of Schools and Colleges (WASC), the official accrediting agency for schools in the western United States.

HIGH SCHOOL COUNSELING PROGRAM

The counseling office is staffed with credentialed counselors specifically assigned to help students with their educational plans and personal development. Students are assigned to a counselor alphabetically by last name and work with the same counselor through graduation.

One of the counselor's primary objectives is to assist students in planning courses of study which best meet their individual needs, abilities, interest, and plans for the future. Counselors also help students to make decisions regarding the following:

- curriculum selection
- college entrance requirements
- college entrance exams
- graduation requirements
- educational planning
- career exploration
- financial aid for college
- scholarship applications
- personal development

Counselors are available to students throughout the regular school year. When a student wishes to meet with a counselor, an appointment should be made through the counseling office. Students can fill out a "Request to See Counselor" form and the counselor will meet with the student at the earliest convenience. Conferences are scheduled whenever students, parents, teachers, or counselors feel they are necessary. Students are always encouraged to see a counselor on a "drop in" basis before school, at lunch, or after school.

The special tenth grade counseling program is designed to give students and parents an opportunity to review the student's individual record and to discuss college and career plans in depth with a counselor. The conferences are conducted in the spring before or after school so that services are more readily available to working parents.

Counselors meet with students individually throughout the school day and in addition, meet with their students in a group setting for grade level conferences. Students are given a copy of their transcript each year at the conference meetings and review conference booklets posted on Edline. These conference booklets, specifically written to address grade level concerns, become a resource tool for future reference.

The counselors at Palos Verdes High School hold a series of workshops for the parents of incoming freshman in the spring of each year. These well-attended meetings lay the groundwork for a successful transition for students to Palos Verdes High School.

The College & Career Center is a resource extension of the Counseling Office. Located in Room 318, it is further described on page 23. Throughout the school year, the counselors and college career center hold evening presentations for parents to review information pertinent to the students' particular grade level. Topics include graduation requirements, college admission information, college admission testing, writing college essays, Naviance, and financial aid.

Counselors and the College Career Center conduct Coffee Chats with parents every other month to keep parents informed on counseling office activities and to participate in an informal question and answer session.

In addition to academic counseling, PVHS counselors are trained to address students' personal, social and emotional needs. The Counseling Department coordinates parent education nights regarding drug education/awareness as well as other relevant adolescent topics. School wide assemblies regarding the same topics are also presented to the students. Counseling groups are offered for a variety of student needs. The counselors are also available to consult with parents regarding issues with their teens and to meet with students individually for personal needs.

GENERAL INFORMATION (continued)

COURSE APPROVAL

All courses offered at the high school level are reviewed annually and are included in the master teaching schedule, contingent upon minimum enrollment criteria being satisfied.

CLASS LOAD

All students are encouraged to take six classes or their equivalent each semester; juniors are required to enroll in a minimum of five classes and seniors are required to enroll in a minimum of four classes or their equivalent, while freshmen and sophomores must enroll in a minimum of six classes or their equivalent.

Classes meet daily between the hours of 8:00 a.m. - 2:50 p.m., with individual class periods 114 minutes in length. A limited number of classes are also offered on campus daily starting at 7 a.m.

HOMEWORK

Homework is assigned to all students on a regular basis. Students in grades 9-12 can expect to be assigned homework Monday through Friday.

Homework is an extension of the work in the regular school program. It provides for practice, review, makeup, reinforcement, and enrichment. The District homework policy is based on the firm belief that homework helps students

- master the concepts taught in the regular classroom
- develop good study habits

The amount of homework will vary with the program and with individual study habits. Some students require more time to complete a given assignment than do others. Every student should allow the time for homework which is personally required, usually two-and-one-half hours per academic subject per week.

GRADING POLICY

Students at the high school level are graded on the basis of the following:

- academic achievement in relation to other students at the same grade level
- effort and attitude on an individual basis

Academic and citizenship grades are reported to parents quarterly. Only semester grades appear on the student transcript.

Parents will be notified by the teacher whenever a student is in danger of failing a course.

CONTINUATION EDUCATION

The continuation high school program at Rancho del Mar offers an alternative educational program for students with needs that cannot be met in the conventional high school.

It provides students with

- an opportunity to complete the required academic courses of instruction to qualify for a high school diploma;
- a program of instruction which has an occupational orientation and which offers intensive guidance services designed to meet the special and individualized needs of students;

GENERAL INFORMATION (continued)

- a program that addresses the individual educational needs of the student, including independent study, student-teacher contracts, regional occupational program enrollment, work study, career counseling, and job placement services as a supplement to classroom instruction.

To enter the continuation high school, students must

- be sixteen (16) years of age or older,
- request placement through their high school counselor and associate principal,
- attend a pre-admission conference with the continuation principal. (The student's parent/guardian must be present.)

Students enrolled in the continuation school program are required to meet the same subject, credit, and competency requirements for graduation as students in the conventional high school.

SUMMER SESSION

A summer school program is offered to high school students at no fee in the following areas:

- special education
- competency remediation
- makeup classes needed by twelfth graders for graduation

Other summer classes are offered on a fee basis in District facilities by an accredited private institution.

Summer session information and application forms are available through the counseling department in late spring.

INDEPENDENT STUDY

A short-term independent study program (five days to one quarter in duration) is offered at each site for students who wish to pursue continued educational progress but are unable to attend regular classes for a given period of time.

SPECIAL SUMMER PROGRAMS

Many outstanding programs are available to students in addition to the summer school classes offered by the District and District-designated private agencies. Some are specialized areas and highly competitive, while others are designed to offer a broad, enriching experience in a college setting. For more information, visit the College/Career Center.

CALIFORNIA SCHOLARSHIP FEDERATION

California Scholarship Federation is a state-wide organization to honor outstanding high school students. Membership is based on the academic record of the student each semester. A student must apply each semester for membership. It is the student's responsibility to complete the application by the deadline and pay the membership fee. Please refer to the CSF application for specific qualifications for membership.

Palos Verdes High School
600 Cloyden Road, Palos Verdes Estates, CA 90274
310-378-8471

California Scholarship Federation (CSF) Application Form
2009-2010 (based on June '09/Jan '10 report cards)

Name: _____ Date of Application: _____

Address: _____ City _____ Zip _____ Phone: _____

This report card is for which year: ___Frosh ___Soph ___Junior ___Senior Your Graduation Yr _____ Birthdate: _____

Qualifications for CSF membership each semester are:

- No "D," "F," or "U" grades/marks in any subject.
- You must earn a minimum of 10 points from last semester's grades. The first 4 points must be from List 1. The first 7 points must be from Lists 1 and 2. The remaining points may come from List 1, 2, or 3.
- (Note: seniors applying in Feb. or June may use 3 courses from List 2 if no List 1 courses were taken).
- No CSF points are given for PE, repeated courses, TA, office aide or pass/fail courses. No "U" marks.
- **CSF points are granted based on grades.** The point scale is: **A=3** points; **B =1** point; **C = 0** points. One additional point is granted for a grade of **A** or **B** in an AP or Honors course, up to a maximum of two such points per semester (**A** in AP or Honors course = 4 points; **B** in AP or Honors course = 2 points). A "D" or an "F" in ANY subject disqualifies you for that semester. Membership is based on work done in the previous semester.
- Use no more than five (5) courses to qualify.
- Summer school courses can apply only under very limited circumstances. See Mrs. Willoughby (advisor) before you list any summer courses.

<u>LIST 1 COURSES:</u>	<u>LIST 2 COURSES:</u>	<u>LIST 3 COURSES:</u>
English 1, 2, 3, 4 (incl. H and AP) Chinese 1, 2, 3, 4/ H & AP Lang Spanish 1,2,3,4,5 (inc MCR/AP/H) French 1, 2, 3, 4 (incl. H/AP) Algebra 1, 2, 2H (incl MCR & PVIT) Geometry (incl MCR/H/PVIT) Trig, Pre-Calc (incl. H) Calculus; Calculus AB/BC AP; Marine Biology & Marine Bio H Stat A/AP; Envi Sci AP; Biology 1, 1H, 2, 2AP Chemistry 1, 1H, 2AP; Physics A/PVIT; B AP; C AP World History, H/AP; Europ Hist AP US History, US History AP Economics A/AP Am. Government (incl AP) Functions, Statistics, Trigonometry	Algebra 1A, 1B (2-yr course) Digital Electronics, Civil Engr & Arch Mock Trial (A= 1.5 pts; B=0.5 pts) Mythology, Shakespeare, MUN Journalism 1,2, 3,4; Women's Studies Speech, Debate, Public Speaking Earth Science; Life Science Computer Science AP Physio & Anatomy Psychology, Psychology AP Compar. Religions; Legacy of Music Advanced Philosophy & Religion Comparative Gov't AP Sociology; Art History AP; Music Theory AP Adv. Projects Computer Science Global Cultures; Human Geog AP Music Appreciation	Essent. of Algebra; Algebra Prep, Digital Animation; Photography Digital Photography; Sculpture/Surfboard Shaping Drama; Drawing and Painting Ceramics; Sculpture; Studio Art AP Web Page Production; Yearbook Band; Orchestra; Choir; Choreo Video Production; Musical Theater Survival of Singles Show Choir; Leadership Intro to Engineering Design Principles of Engineering Engrg Design & Development Peer Mediation; Work Experience Word Processing, Science Research Reading and Writing Skills Health; AVID; DevPhysSportsMed SCROC: Must specify COURSE TITLE when listing below

LIST NAMES OF COURSES, GRADES EARNED, AND POINTS:

List 1 Courses – Grades - Points

List 2 Courses – Grades - Points

List 3 Courses – Grades - Points

Subtotal of List 1 Points: _____

Subtotal of List 2 Points: _____

Subtotal of List 3 Points: _____

(must be at least 4 points) *

(Lists 1 and 2 must total 7 points)*

*(Exception: Seniors can use 3 classes from Lists 1 and/or 2)

GRAND TOTAL OF CSF points: _____ (must be at least 10 points)

CSF eligibility lists will be posted by the library, main, and counseling offices during enrollment periods. You should apply even if your name is not on the list BUT think you qualify. A "U," "F" or "D" in any class disqualifies you from membership that semester. Ninth grade students are eligible for associate membership in February based on their January report card. Seniors earn CSF Sealbearer status with membership in their senior year plus three semesters in their sophomore and junior years. Sealbearers are honored at the CSF Banquet. Membership is not automatic: you must apply every semester. Questions about CSF should be directed to Mrs. Willoughby (library) @ 378-8471, x234, or at the CSF Web site, www.csf-cjsf.org. 4

GENERAL INFORMATION (continued)

NATIONAL HONOR SOCIETY

Scholarship, Character, Service, Leadership. National Honor Society (NHS) is the nation's premier organization established to recognize outstanding high school students with four main purposes: "to create enthusiasm for scholarship, to stimulate a desire to render service, to promote leadership, and to develop character in the students of secondary schools" (from the NHS Constitution).

Membership in the National Honor Society is not a right but a privilege as stated in the National Constitution and Chapter bylaws. Eligible persons in their 11th and 12th grade years will be evaluated on the basis of scholarship, character, leadership, and service qualifications. If interested in submitting information packets in future years, freshmen should begin keeping a record of all leadership and service activities.

Students are selected for membership in the National Honor Society by a faculty committee. To be considered, prospective junior and senior class members must meet minimum requirements in all four areas of qualifications:

1. **SCHOLARSHIP:** Cumulative Unweighted Academic GPA of at least 3.65

Once students satisfy the grade point average minimum for admission into NHS, GPA is no longer considered and all students will be considered for admission equally based on the other areas specified.

2. **CHARACTER:** All PVHS faculty will complete a character evaluation checklist for each student. Reasons for automatic disqualification from NHS include cheating and stealing.
3. **SERVICE:** This should include any volunteer services (non-paid and no academic credit) that include work with service-oriented clubs (not your own clubs), youth groups, and volunteer work programs on or off campus with which you have been involved during your high school career. These services should be focused on improving the community as a whole. No service will be credited without an adult's signature and phone number.
4. **LEADERSHIP:** This should include any position, office, or membership held in/on a sport, club, production, band or committee. Membership alone is not as significant as holding a position. Also, the seriousness of the organization (size of the club) is taken into consideration. For example, belonging to the Cartoon Club does not hold the same value as being an active member of Key Club.

ELIGIBILITY FOR PARTICIPATION IN CO-CURRICULAR AND EXTRA-CURRICULAR ACTIVITIES

As a result of the enactment of state legislation, the Board of Education has adopted a comprehensive policy to govern student participation in grades 7-12 in co-curricular and extra-curricular activities.

District policy and state law require that students have a record of satisfactory educational progress as a condition of participation in school or District-sponsored co-curricular and extra-curricular activities, including athletics. Specifically, students will be required to achieve a minimum overall grade point average of 2.0 in *all classes* taken during the previous grading period as a condition of eligibility. Participating students also are required to demonstrate a record of good citizenship, with no more than one unsatisfactory grade during the immediately preceding grading period, and to maintain a record of regular attendance, with not more than three (3) days of truancy in any one school year.

The policy does make provisions for a probationary period of *one quarter*, during which time the student is assigned to probationary status but remains eligible to participate and compete.

The above requirements are supplementary to those stipulated by the Southern California Interscholastic Federation (CIF).

SPECIALIZED INSTRUCTIONAL PROGRAMS

HONORS, ADVANCED PLACEMENT, AND ACCELERATED-LEVEL COURSES

Honors, advanced placement, and/or accelerated-level courses are offered each year in science, English, social science, foreign language, mathematics, and the arts if minimum enrollment requirements are satisfied.

The course of study in each of these classes provides challenging educational experiences with emphasis on extensive writing, evaluation, inquiry, discovery, individual study, and in-depth discussion.

Students are placed in honors, advanced placement, and accelerated-level courses as set forth in Administrative Regulation 6141.5, Section 2.0.;

2.0 Placement Procedures

2.1 The basis for placement shall be on the criteria set forth in Board Policy 6141.5.

2.2 Placement of students in such classes shall be determined by one or more of the following criteria:

2.2.1 Teacher recommendation; the strongest predictor of success,

2.2.2 Grade of "B" or better in a prerequisite course,

2.2.3 A qualifying score on a placement test in the subject or standardized testing (i.e., Stanford 9)

2.2.4 Student's potential for success in the course as evidenced by high motivation,

2.2.5 Counselor and/or principal may determine placement,

2.2.6 A parent's/students written request (on a space-available basis, only) for courses for which there is no placement test.

Parent/student requests for placement, which are exceptions to the stated placement criteria, shall be initiated in writing by the student and/or parent/guardian and shall be submitted to the principal or his/her designee. A conference with the student and parent/guardian shall be held to review the request. If the request is granted, the student and parent/guardian shall be required to sign a waiver indicating that placement is probationary and dependent upon student success and performance.

Honors Courses

Honors courses provide accelerated high school level instruction for academically-talented students. They are different from corresponding regular high school courses in terms of extended content and additional workload. As such, they include research using primary sources in writing detailed reports or using supplementary materials usually found at the college level.

Advanced Placement Courses

Advanced Placement (AP) courses provide college-equivalent instruction to academically-talented high school students who are expected to achieve the quality of work ordinarily required of college freshmen.

The Advanced Placement program offers students the opportunity to earn university credit while enrolled in courses on the high school campus. The Advanced Placement (AP) courses are designed to prepare students for the Advanced Placement examinations administered by College Board.

The College Board's Advanced Placement examinations are administered each spring to verify that students are competent in Advanced Placement subjects and are used to demonstrate college level proficiency. Each university will determine what score is needed to earn college credit. A score of "3" on a scale of "1" to "5" is recognized by most universities as sufficient for college credit. In addition, students may earn up to one year of university credit in a subject area. Many students enter college with advanced freshman or, in some cases, sophomore standing.

SPECIAL EDUCATION

Special education classes provide instruction for students who have exceptional needs which cannot be met in the regular classroom.

Students are placed in the special education classes after a proper educational assessment has identified the students' learning needs and determined whether the student requires a special education program and, if so, what type. An Individualized Education Program (IEP) is written for each student who participates in the special education program.

Parental permission is obtained before the assessment process is undertaken and before students are placed in special education classes.

COLLEGE CREDIT CLASSES

College credit courses in certain subject areas are offered on an after-school basis on the high school campus or at other locations on the Peninsula by selected local colleges and universities. These courses are taught on a tuition basis by members of the college/university faculty. With prior approval from the school counselor, students may take college and university courses for high school credit.

COLLEGE CLASSES/PROGRAMS

Los Angeles Harbor College, El Camino, Marymount Palos Verdes College, and other colleges and universities offer a high school program for recommended students during the regular school year and during summer session.

The objectives of the program are as follows:

- to provide a "head start" on college work for students who have completed most of their high school graduation requirements.
- to enable students to enroll in courses not offered at the high school because of curriculum or program limitations.

Students who plan to use college work for high school credit must file the appropriate form in the counseling office and receive prior approval. College work for high school credit is not intended to duplicate courses available at the high school. Transcripts received by the high school from other schools and colleges become part of the permanent high school transcript.

Counselors have more information about this program.

ENGLISH LANGUAGE DEVELOPMENT (ELD)

All bilingual students are assessed to determine their English language proficiency. Students who are identified as non-English proficient (NEP) or limited-English proficient (LEP) are provided with special language instruction at each school. The ELD program is designed:

- to raise the level of the students' competency in the English language so that they can function in other high school courses and can benefit fully from the instruction in those classes,
- to ease the transition for the student into an American secondary school,
- to help the student maintain a sense of self worth and identity.

SOUTHERN CALIFORNIA REGIONAL OCCUPATIONAL CENTER (SoCal ROC)

Southern California Regional Occupational Center (SoCal ROC) is a job training center organized to prepare students for employment. The Center cooperates with District high schools to provide advanced occupational training not available at the high school. Satellite courses are scheduled on the Peninsula in cases where there is sufficient enrollment interest.



- Emphasis is on developing proficiency which can be used in an entry-level job.
- Students work toward their own goals, at their own speed.
- Highly skilled instructors teach specialized skills.



The center is located at 2300 Crenshaw Boulevard,
Torrance, CA 90501 (310) 224-4200

- Classes start at 7:30 a.m., 1:00 p.m., and 4:00 p.m.
- Bus transportation is provided to and from SoCal ROC.
- Students attend their own high schools four hours per day and SoCal ROC three hours a day.
- SCROC issues a Certificate of Proficiency at completion of training.
- District schools give credit for SoCal ROC attendance.
- No fees are charged for high school students.
- Saturday classes are available.

You may attend SoCal ROC if you are a junior or senior attending high school and are a resident of one of the six participating school districts. Sophomores also may enroll with special approval.

For a complete list of all course offerings at SoCal Roc please go to www.scroc.com and view their course catalog under the course link in the toolbar.

WORK EXPERIENCE PROGRAM

The work experience program qualifies for high school elective credit. In this program, students gain practical experience in a variety of jobs in industry, business, or the professions. They receive grade and school credit for work and related instruction assignments. Up to forty (40) credits may be applied toward the total graduation credit requirement through successful completion of a work experience program(s); consult with your counselor regarding related restrictions that may apply to this 40-credit maximum.

To ENTER the work experience program, the student must

- have a qualified job approved by the work experience coordinator and a counselor
- be at least 11th or 12th grade
- have parental or guardian approval in writing
- plan a program schedule to meet program requirements
- submit signed job papers to the work experience coordinator.

To CONTINUE in the program, the student must

- maintain regular attendance at school and work
- continue satisfactory achievement in academic work
- maintain satisfactory citizenship records
- meet assignment deadlines and fulfill program requirements.

Credit is allocated as follows:

- 10 hours per week (weekly flexible hours) = 5 credits per semester
- 20 hours per week (weekly flexible hours) = 10 credits per semester

Transportation is the responsibility of the student.

Students may be employed at a job selected and approved by the work experience coordinator, or they may obtain their own jobs, subject to the approval of the coordinator. Under the provisions of the program, the student receives related classroom instruction/counseling and a minimum of two on-site contacts by the coordinator each semester.

CAREER EXPLORATION/WORK INTERNSHIPS

Students in the 11th and 12th grades who are interested in future career exploration may participate in summer or semester programs. Internships are scheduled at various businesses, professional offices, and industrial educational facilities. Weekly instructional classes help to supplement field participation. Individual interviews are required for appropriate placement. Students develop journals and portfolios pertinent to their involvement in career exploration.

Credit is allocated as follows:

- 5 hours per week = 5 credits per semester
- 10 hours per week = 10 credits per semester

PROJECT EGO

Project EGO is a special community-based program designed to offer career direction and experience to high school juniors and seniors. Students are required to attend semimonthly seminars conducted by community business professionals and psychology interns. Students are eligible for the Project Ego Program based on counselor's recommendations.

Project EGO, which was conceived by the Palos Verdes Peninsula Education Foundation, is currently sponsored by the Sunset Rotary in cooperation with the school district.

MILITARY OPPORTUNITIES

Serving in the military service offers many opportunities. Some of the benefits include the following:

- excellent pay
- travel
- educational training leading to a college degree
- certificate of completion of vocational or technical training
- scholarships and fellowships
- free medical and dental care
- promotion opportunities
- annual 30-day paid vacation
- low-cost life insurance
- lifetime retirement benefits after serving twenty years
- high school equivalency certificate
- housing, medical, and educational services for families
- specific guaranteed training upon entry
- opportunity to become a commissioned officer through ROTC or military academies
- commissary privilege
- recreational facilities/programs
- G.I. Bill
- noncontributory retirement program

Students who make a commitment to serve for a specified period of time in the United States Army, Navy, Air Force, Coast Guard, or Marine Corps are eligible for college scholarships and student aid programs. Some programs allow students to attend college first and then serve an equivalent amount of time in the military after they graduate; other programs require that military service be completed first.

Reserve Officers Training Corps (ROTC) scholarships provide college tuition, textbooks, laboratory fees, and other academic expenses in addition to a tax-free subsistence allowance each month of the school year. Applicants for competitive four-year scholarships are evaluated on the following:

- achievement on the Scholastic Aptitude Test (SAT I) or American College Test (ACT)
- high school academic record
- recommendation of a high school official
- record of extra-curricular activities
- personal interview

For additional information students should visit the College/Career Center or contact the local recruiting office.

MILITARY ACADEMIES

Students interested in attending a military academy should contact the appropriate academy liaison officer for specific admission requirements. Because admission to an academy is highly competitive, the ninth grade year is not too early to begin preparing to meet academy requirements and time lines for admission.

All students who attend a military academy are awarded a full United States Government scholarship which covers full tuition and room and board. In addition, each student receives a stipend to meet costs of books, supplies, clothing, and personal expenses.

Location of military academies:

- Air Force Academy: Colorado Springs, Colorado 80840
- Coast Guard Academy: New London, Connecticut 06320
- Merchant Marine Academy: Kings Point, New York 11024
- Military Academy: West Point, New York 10996
- Naval Academy: Annapolis, Maryland 21402

For more information contact the local liaison officer for the appropriate academy. Their names and phone numbers may be obtained from the College/Career Center.

CALIFORNIA HIGH SCHOOL EXIT EXAMINATION (CAHSEE)

California state law mandates that students must pass the California High School Exit Examination (CAHSEE) in order to receive a diploma. The tests include language arts, emphasizing reading and writing skills as well as mathematics.

All students must be tested. Appropriate accommodations which are stipulated in an Individualized Education Plan (IEP) will be granted on the test with parent permission. Students who are not fluent in English must also take the exit exam.

The test will be administered to tenth grade students in March of each year. Students who do not pass the test will be given opportunities after the school day and during the summer to improve their skills. Students may retake only the portion of the test they have not passed.

PHYSICAL FITNESS TEST

The Physical Fitness Test, known as the ***Fitnessgram***, is required by the state of California to collect data about the fitness of students in the state. It is administered to students in grades 5, 7, and 9. As of July 1, 2007, all 9th grade students must pass five of the six standards on the Physical Fitness Test. If a student does not pass the Physical Fitness Test in the 9th grade they must retake the test in the spring of 10th grade. If a student does not pass the Physical Fitness Test in the spring of 10th grade, they must continue to take a physical education class in the 11th and 12th grade until they pass. The test is offered once every academic year between February 1 and May 31.

The six standards measured on the test are: 1) aerobic capacity, 2) body composition, 3) abdominal strength and endurance, 4) trunk extensor strength and flexibility, 5) upper body strength and endurance, and 6) flexibility.

ACADEMIC PREPARATION FOR COLLEGE AND UNIVERSITY WORK

All students entering a college or university deserve a fair chance to succeed in higher education. To do so, they must be adequately prepared for college-level study. Those who take a full program of challenging academic courses every year in high school, including their senior year, and who master certain basic subjects and skills substantially increase their probability of success in college or university work.

Good study habits and skills are essential. College professors and instructors assume students know how to read a textbook effectively, know how to take notes, know how to plan an effective study schedule, and know how to master background material.

High school Honors and Advanced Placement courses are strongly recommended for eligible students because of their academically-challenging content; however, students should be realistic about their abilities. A student earning "C's" and/or "D's" in Honors and Advanced Placement courses should meet with his/her counselor to reassess course plans and educational objectives.

HIGH SCHOOL GRADUATION REQUIREMENTS

I.	CREDIT REQUIREMENTS (Each one-semester course is equal to 5 credits)	220 credits																
II.	SPECIFIC COURSE REQUIREMENTS																	
	English -- (Including ELD 1, 2, & 3, and Reading/Writing Skills 2, 3, & 4)	40 credits																
	English 1	10 credits																
	English 2	10 credits																
	English 3	10 credits																
	English 4	10 credits																
	Mathematics (Algebra 1 required)	20 credits																
	Science	20 credits																
	Biological Science	10 credits																
	Physical Science	10 credits																
	Social Science	30 credits																
	World History	10 credits																
	United States History and Geography	10 credits																
	American Government	5 credits																
	Economics	5 credits																
	Physical Education (A course each semester during the ninth and tenth grades)	20 credits																
	Visual/Performing Art/ Foreign Language/CTE Successful completion of one of the following patterns:	20 credits																
	<table style="margin-left: auto; margin-right: auto; border-collapse: collapse;"> <thead> <tr> <th style="width: 15%;"></th> <th style="width: 15%; text-align: center;">VPA</th> <th style="width: 15%; text-align: center;">For. Lang.</th> <th style="width: 15%; text-align: center;">CTE</th> </tr> </thead> <tbody> <tr> <td>Pattern 1:</td> <td style="text-align: center;">0 credits</td> <td style="text-align: center;">10 credits</td> <td style="text-align: center;">10 credits</td> </tr> <tr> <td>Pattern 2:</td> <td style="text-align: center;">10 credits</td> <td style="text-align: center;">10 credits</td> <td style="text-align: center;">0 credits</td> </tr> <tr> <td>Pattern 3:</td> <td style="text-align: center;">10 credits</td> <td style="text-align: center;">0 credits</td> <td style="text-align: center;">10 credits</td> </tr> </tbody> </table>		VPA	For. Lang.	CTE	Pattern 1:	0 credits	10 credits	10 credits	Pattern 2:	10 credits	10 credits	0 credits	Pattern 3:	10 credits	0 credits	10 credits	
	VPA	For. Lang.	CTE															
Pattern 1:	0 credits	10 credits	10 credits															
Pattern 2:	10 credits	10 credits	0 credits															
Pattern 3:	10 credits	0 credits	10 credits															
	(Option to complete 10 credits on a pass/fail basis in VPA or CTE)																	
	Electives (Any classes above and beyond the subject requirements)	70 credits																
III.	CALIFORNIA HIGH SCHOOL EXIT EXAMINATION All students are required to pass the California High School Exit Examination prior to graduation.																	
IV.	CITIZENSHIP REQUIREMENT Must maintain a record of good citizenship																	

PALOS VERDES PENINSULA UNIFIED SCHOOL DISTRICT

HIGH SCHOOL GRADUATION REQUIREMENTS CHECKLIST

Note to the student: Use the chart below to indicate courses/requirements you have completed toward meeting the district's high school graduation requirements. Place checkmark in the appropriate subject and semester as you complete each requirement.

Subject Requirements:

English (8 Semesters)

(Including ESL, Reading/Writing Skills 2, 3 and 4)

English 1

English 2

English 3

English 4

Science (4 Semesters)

Biological

Physical

Physical Education (4 Semesters)

Ninth Grade

Tenth Grade

Mathematics (4 Semesters)

(Including completion of Algebra I)

Social Science (6 semesters)

World History

US History

Government

Economics

Visual/Performing Arts/Foreign Language/CTE (4 Semesters)

No more than two semesters of any one group may satisfy the requirement.

Credit Requirements (220)

Ninth Grade (60) _____

Tenth Grade (60) _____

Eleventh Grade (50) _____

Twelfth Grade (50) _____

Total Completed _____

Requirements must be satisfied to qualify for graduation. Students who lack more than 5 credits will not be permitted to participate in the graduation ceremonies.

All students must pass the California High School Exit Exam (CAHSEE) to earn a high school diploma.

Subject Requirements

	PVPUSD Graduation Requirements	CSU Entrance Requirements (minimum)	UC Entrance Requirements (minimum)	CA Community College	Private 4 Year College Entrance Requirements
<i>Subject</i>				<i>NO SUBJECT REQUIREMENTS</i>	<i>VARY for each school</i>
ENGLISH	4 Years -- with a grade of "D" or better	4 Years -- with a grade of "C" or better	4 Years -- with a grade of "C" or better		4 Years -- with a grade of "C" or better
MATH	2 Years -- Algebra 1 required, plus 1 year any math	3 Years -- Algebra 1 & 2, plus geometry	3 Years -- Algebra 1 & 2, plus geometry, 4 years recommended		3 Years -- including Algebra 1 & 2, and Geometry <i>this is the minimum</i>
SOCIAL STUDIES	3 Years -- World History, U.S. History, Government, Economics	2 Years required, must include 1 year of U.S. History	2 Years -- 1 year of World History AND 1 year of U.S. History <u>or</u> 1 semester of U.S. History and 1 semester of Government		Often 2 Years
SCIENCE	2 Years -- 1 year physical science, 1 year biological science	2 Years of lab science	2 Years of lab science required, 3 years recommended		Usually 2 Years or more
FOREIGN LANGUAGE		2 Years required -- must be the same language	2 Years required, 3 years recommended -- must be the same language		2 Years of the same foreign language or more
ARTS – Visual or Performing	Visual/Performing Art/Foreign Language/CTE -- 4 Semesters no more than 2 semesters in VPA/CTE/Foreign Lang	1 Year of visual/performing arts	1 Year of visual/performing arts		Varies per school
Elective		1 Year required of additional college prep subjects	1 Year required of additional college prep approved elective		Varies per school
Other	Health -- 1 Semester Physical Ed. -- 2 Years Total units MUST = 225	A TOTAL OF 15 UNITS (one unit equals one year) SAT I or ACT Test	ALL CLASSES MUST BE ON THE UC APPROVED LIST SAT I or ACT and 2 SAT II tests	Must be a high school graduate OR 18 years old	SAT I or ACT Test and some colleges required the SAT II tests

*Please note: For college subject requirement to be met, the grade must be a "C" or better.
All students will be required to pass the California High School Exit Examination prior to graduation*

DEVELOPING A FOUR-YEAR PLAN

Students should develop a four-year plan for high school. Courses taken at one grade generally prepare students for work taken in succeeding grade levels. The courses students elect to take in high school should depend on several factors, including;

- the occupation or career the student hopes to pursue.
- the college or university the student plans to attend.
- the student's special interests and abilities.

Steps in Developing a Four-Year Plan

In developing a four-year plan, it is recommended that the student:

- Review graduation requirements.
- Become familiar with college requirements and prerequisites for future educational or career goals.
- Remember that one of the most important factors in determining college admission eligibility is the pattern of college preparatory course work taken in high school.
- Keep in mind that a strong pattern of course work is especially important for students planning entry into the more selective colleges and universities and/or competitive majors.

GRADUATION REQUIREMENTS

English 1	2 semesters	10 credits
English 2	2 semesters	10 credits
English 3	2 semesters	10 credits
English 4	2 semesters	10 credits
Mathematics	4 semesters	20 credits
Biological Science	2 semesters	10 credits
Physical Science	2 semesters	10 credits
World History, Culture, and Geography	2 semesters	10 credits
U.S. History	2 semesters	10 credits
American Government	1 semester	5 credits
Economics	1 semester	5 credits
Physical Education	4 semesters	20 credits
Visual/Performing Arts/Foreign Language/CTE	4 semesters	20 credits
Electives	14 semesters	70 credits
	TOTAL	220 credits



DEVELOPING A FOUR-YEAR PLAN (continued)

Note to Students: Use the form below to develop a four-year plan. In the squares, list the courses you plan to take each semester you are in high school. Include graduation requirements and college entrance requirements (if applicable).

	1st Semester	2nd Semester
FRESHMAN	(1) _____	(1) _____
	(2) _____	(2) _____
	(3) _____	(3) _____
	(4) _____	(4) _____
	(5) _____	(5) _____
	(6) _____	(6) _____
SUMMER SESSION	(1) _____	(2) _____

	1st Semester	2nd Semester
SOPHOMORE	(1) _____	(1) _____
	(2) _____	(2) _____
	(3) _____	(3) _____
	(4) _____	(4) _____
	(5) _____	(5) _____
	(6) _____	(6) _____
SUMMER SESSION	(1) _____	(2) _____

	1st Semester	2nd Semester
JUNIOR	(1) _____	(1) _____
	(2) _____	(2) _____
	(3) _____	(3) _____
	(4) _____	(4) _____
	(5) _____	(5) _____
	(6) _____	(6) _____
SUMMER SESSION	(1) _____	(2) _____

	1st Semester	2nd Semester
SENIOR	(1) _____	(1) _____
	(2) _____	(2) _____
	(3) _____	(3) _____
	(4) _____	(4) _____
	(5) _____	(5) _____
	(6) _____	(6) _____

Computation of Grade Point Average

- The high school **Total Grade Point Average** (Total G.P.A.) is the average of all high school grades.
- The high school **Academic Grade Point Average** (Academic G.P.A.) is the average of all high school grades, except physical education/athletics.
- Palos Verdes Unified School District does not determine class rank.
- Effective in the fall of 1997, the grades earned in honors, advanced placement, and certain other advanced level classes are weighted.
 - Weighted courses are denoted on the transcript using a “+”.
 - Grades earned in college level courses taken for high school credit are not weighted.
 - “D’s” and “F’s” are not weighted.
 - The PVHS weighted grade policy allows you to use a maximum number of five (5) weighted courses for each semester.
 - Summer school grades are included in the following semester; they do not stand as a separate semester.
 - Grades earned in courses taken for review or makeup are factored in the G.P.A.
 - The high school transcript includes both unweighted and weighted G.P.A.

How to Compute the High School Unweighted G.P.A.

1. Count the number of five (5) credit courses in which you have earned an “A”, “B”, “C”, “D”, or “F”.
2. Each “A” earns four (4) grade points, each “B” earns three (3) grade points, each “C” earns two (2) grade points, each “D” earns (1) grade point, and each “F” earns no grade points.
3. Find the total number of grade points by the number of five (5) credit courses you have taken.

How to compute the High School Weighted G.P.A.:

Weighted G.P.A. = Unweighted + (the number of weighted courses x 0.2)
The number of semesters the student has completed

The Following Courses are Weighted On the PVHS Transcript:

- English 1H, 2H, 3H, English 3 AP Language and Composition, English 4 AP Literature
- Geometry H, Algebra 2H, Pre-Calc H, Statistics AP, Calculus AB AP, Calculus BC AP
- Biology 1H, Biology 2AP, Chemistry 1H, Chemistry 2 AP, Environmental Science AP, Marine Biology H, Physics B AP, Physics C AP.
- World History H, World History AP, U.S. History AP, American Government AP, Economics AP, European History AP, Psychology AP, Comparative Government AP, Human Geography AP
- Art History AP, Studio Art AP, Jazz Band 2, Advanced Orchestra, Drama 3 Advanced, Drama 4 Advanced, Music Theory AP, Studio Art AP 2-D, Studio Art AP 3-D
- French 3 H, French 4 AP Language, French 5 AP Literature, Spanish 3 H, Spanish 4 AP, Spanish 5 AP Literature, Chinese 3 Honors, Chinese 4 AP Language
- Computer Science A AP, Computer Science AB AP

Please note: The University of California will re-calculate the student G.P.A. using the approved course list.

HIGH SCHOOL TRANSCRIPT

Student Name						Stu#						Grade Sex						Birthdate						Perm ID Number						Counselor						Transcript of Student Progress											
Parent/guardian name, address, telephone																								February 16, 2007 Palos Verdes High School 600 Cloyden Road Palos Verdes Est, CA 90274 (310) 378-8471																							
Crs-ID	Course Title	Mark	Att/Cmp	Crs-ID	Course Title	Mark	Att/Cmp	Crs-ID	Course Title	Mark	Att/Cmp	Crs-ID	Course Title	Mark	Att/Cmp	Crs-ID	Course Title	Mark	Att/Cmp	Crs-ID	Course Title	Mark	Att/Cmp	Crs-ID	Course Title	Mark	Att/Cmp	Crs-ID	Course Title	Mark	Att/Cmp																
Grade 9 Fall 2002-2003												Grade 10 Spring 2003-2004												28041 Journalism 3 B A 5.00 5.00																							
Palos Verdes High School												Palos Verdes High School												29026 Health B A 5.00 5.00																							
10051	Journalism 1	A	5.00 5.00	20084	Pathways 10	NM	0.00 0.00	Credit Att: 35.00 Cmp: 35.00																																							
10083	Pathways 9	NM	0.00 0.00	21237	Eng2H/R EHAP B A	5.00 5.00	Grade 11 Summer 2004-2005																																								
+ 11121	English 1 H A	A	5.00 5.00	22062	Pre Calculus B	5.00 5.00	Marymount Summer HS																																								
+ 12108	Algebra 2 H A	A	5.00 5.00	23058	Sci Research B A	5.00 5.00	44054 Psychology A 5.00 5.00																																								
+ 13106	Biology 1 H A	A	5.00 5.00	24235	EHAP/Eng 2H B A	5.00 5.00	Credit Att: 5.00 Cmp: 5.00																																								
+ 14172	World Hist H A	A	5.00 5.00	25032	Spanish 2 B A	5.00 5.00	Grade 12 Fall 2005-2006																																								
15031	Spanish 1 A	A	5.00 5.00	26014	PE Choreo B A	5.00 5.00	Palos Verdes High School																																								
* 16030	PE A	A	5.00 5.00	28040	Journalism 2 B A	5.00 5.00	10030 Leadership A 5.00 5.00																																								
Credit Att: 35.00 Cmp: 35.00												Credit Att: 35.00 Cmp: 35.00												+ 11225 English 4APLit A A 5.00 5.00																							
Grade 9 Spring 2002-2003												Grade 10 Summer 2003-2004												+ 12275 Stat Analysis AP A 5.00 5.00																							
Palos Verdes High School												Palos Verdes High School												+ 13218 Envir Sci AP A B 5.00 5.00																							
20051	Journalism 1	A	5.00 5.00	13058	Sci Research A A	2.50 2.50	+ 14227 Am Govern AP A 5.00 5.00																																								
20083	Pathways 9	NM	0.00 0.00	+ 13115	Chemistry 1 H A A	5.00 5.00	+ 17035 Choreo Dance A A 5.00 5.00																																								
+ 21121	English 1 H B A	A	5.00 5.00	+ 23115	Chemistry 1 H B A	5.00 5.00	18042 Journalism 4 A A 5.00 5.00																																								
+ 22108	Algebra 2 H B A	A	5.00 5.00	Credit Att: 12.50 Cmp: 12.50												Credit Att: 35.00 Cmp: 35.00																															
+ 23106	Biology 1 H B B	5.00 5.00	Grade 11 Fall 2004-2005												Grade 12 Spring 2005-2006																																
+ 24172	World Hist H B A	A	5.00 5.00	Palos Verdes High School												Palos Verdes High School																															
25031	Spanish 1 B B	5.00 5.00	10030 Leadership A 5.00 5.00												20030 Leadership A 5.00 5.00																																
* 26030	PE B A	A	5.00 5.00	+ 11222	English3APLang A	5.00 5.00	+ 12225 English 4APLit B A 5.00 5.00																																								
Credit Att: 35.00 Cmp: 35.00												+ 12215 Calculus AB AP A A 5.00 5.00												+ 22275 Stat Analysis AP A 5.00 5.00																							
Grade 10 Fall 2003-2004												Grade 11 Spring 2004-2005												+ 23218 Envir Sci AP B B 5.00 5.00																							
Palos Verdes High School												Palos Verdes High School												24012 Economics A 5.00 5.00																							
10084	Pathways 10	NM	0.00 0.00	+ 14244	US History AP A A	5.00 5.00	+ 27035 Choreo Dance B A 5.00 5.00																																								
+ 11237	Eng2H/R EHAP A B	5.00 5.00	18041 Journalism 3 A A 5.00 5.00												28042 Journalism 4 B A 5.00 5.00																																
12070	Trigonometry B	5.00 5.00	Credit Att: 30.00 Cmp: 30.00												Credit Att: 35.00 Cmp: 35.00																																
13058	Sci Research A A	5.00 5.00	Grade 11 Spring 2004-2005												Grade 12 Summer 2005-2006																																
+ 14235	EHAP/Eng 2H A B	5.00 5.00	Palos Verdes High School												Marymount Summer HS																																
15032	Spanish 2 A A	5.00 5.00	20030 Leadership A 5.00 5.00												40019 Internship A 10.00 10.00																																
+ 16014	PE Choreo A A	5.00 5.00	21222 English3APLang A 5.00 5.00												Credit Att: 10.00 Cmp: 10.00																																
* 18040	Journalism 2 A A	5.00 5.00	22215 Calculus AB AP B A 5.00 5.00																																												
Credit Att: 35.00 Cmp: 35.00												+ 24244 US History AP B A 5.00 5.00																																			
												+ 25138 Spanish 3 H B A 5.00 5.00																																			

* Non Academic Course				+ Honors Course				r = Repeated Course			
Weighted Non-Wgtd								CREDIT SUMMARY			
Acad GPA (9-12)	4.5834	3.8584						Subject Area	Credit Req'd	Compl	Needed
Acad GPA (10-12)	4.5652	3.8652						English	40.00	40.00	0.00
Total GPA (9-12)	4.5928	3.8678						Math	20.00	20.00	0.00
Credit Attempted:	302.50							Life Science	10.00	10.00	0.00
Credit Completed:	302.50							Physical Science	10.00	10.00	0.00
District Enter: 9/9/1993 CAHSEE								World Hist/Cul/Geo	10.00	10.00	0.00
School Enter: 9/3/2002 ELA: Passed								US History	10.00	10.00	0.00
								Economics	5.00	5.00	0.00
								Am Government	5.00	5.00	0.00
								Phys Ed	20.00	20.00	0.00
								Fine/PracArt/F Lang	20.00	20.00	0.00
								Health	5.00	5.00	0.00
								Electives	70.00	147.50	0.00
								* TOTALS *	225.00	302.50	0.00

Unofficial unless signed by a school official. We do not rank our students. Signature: _____ Date: _____

GENERAL PREPARATION FOR COLLEGE

Students need to be aware of both general college preparatory courses and individual school requirements as they plan their high school program. Students who are uncertain which college or university they would like to attend should give priority to completing the “A-G” subject requirements of the University of California. They should keep in mind, however, that these are the minimum entrance standards; completion of the required high school courses does not automatically prepare students for freshman work in every subject or in a selected major. Students are encouraged to take high school courses that will prepare them to exceed the minimum levels of competency in reading, writing and mathematics.

Students who are well prepared for college or university work will have completed as a minimum:

- Four years of English.
- Three or more years of college preparatory mathematics, including a course taken during the senior year.
- Two or more years of the same foreign language.
- Two or more years of a laboratory science.
- Three or more years of history and social science.
- One year of a visual or performing art.
- One or more years of an academic elective.



www.pvhigh.com

Your connection to information about Palos Verdes High School

The Palos Verdes High School web site is a great resource for information on college preparation. Log in at: www.pvhigh.com then click on the following:

- A-G Approved Subject Courses for PVHS:
 - Counseling>PVHS Courses>UC Approved Courses
 - Counseling>PVHS Courses>A-G Requirements
- Admission requirements and eligibility for college:
 - CCC>College Application> General Information
 - CCC>College Application>UC
 - CCC>College Application>CSU
- College Acceptances – Where PVHS students have been accepted and matriculated:
 - CCC>College Acceptances

COLLEGE AND CAREER PLANNING
Time Line for College and Career Planning

<u>FRESHMEN</u>	<u>JUNIORS</u>	<u>SENIORS</u>
<ul style="list-style-type: none"> • Freshman Conferences in Fall • Visit the College and Career Center • Begin a list of activities and awards • Participate in community service projects, school clubs, sports, etc. • Study for mid-year exams and final exams 	<ul style="list-style-type: none"> • Take academic classes • Take the PSAT Test in October • Participate in community service, school clubs, sports, etc. • Explore your interests • Visit the College/Career Center and use the computer programs • Study for mid-year exams and final exams • Sign-up to take the SAT I or ACT and SAT II tests in the Spring • Attend Junior Family Night in the Spring • Attend the College Fair in April • Attend the Lunchtime sessions in the spring offered in the College/Career Center • Visit colleges, if possible • Make plans for your summer, internships, special programs, college visits, summer job, etc. • Keep your grades up • Take an SAT I or ACT prep class, if desired • Use your summer to request college applications, write a college resume, and start your college essays • Attend Junior Conference in Spring 	<ul style="list-style-type: none"> • Take academic classes, preferably four to five solids including math and science • Request all the college applications • Attend the lunchtime sessions • Retake the SAT I or ACT and SAT II, if necessary • Make your final college application list • Organize your college application file box • Senior conferences in the Fall • Attend Senior Family Night in the Fall • Make your college checklist • Attend the college representative visits in the College/Career Center with your teacher's permission • Do your UC and CSU applications on-line, if applicable • Write your college resume, if applicable • Write your college essays, if applicable • Request your letters of recommendations, if applicable • Complete all college applications • Send your high school transcript to each college, if applicable • Keep you grades up • Study for mid-year exams and final exams • Send the letter of intent to attend with deposit to your college by the appropriate deadline • Request your final transcript to be sent to the college you will attend • Enjoy your senior class activities • Study for finals -- you must graduate! • Have a great summer with friends and get ready for college!!
<p style="text-align: center;"><u>SOPHOMORES</u></p> <ul style="list-style-type: none"> • Take academic classes • Participate in community service, high school club, sports, etc. • Consider the type of school you might want to attend • Take the PSAT Test, optional • Keep your activity and award updated • Use your summer to expand your experiences • Attend the College Fair in April • Attend evening presentation on college entrance exams • Attend individual sophomore counseling appointment with your parents • Take the SAT II subject test in June, if applicable • Use your summer to enhance your experiences • Study for mid-year exams and final exams • Do the interest inventory in the College/Career Center. 		

HIGH SCHOOL ACTIVITIES RECORD

College admissions officers and employers are interested not only in a student's scholastic aptitude and grades, but are also often interested in the extra-curricular activities the student has participated in during high school.

Note to Students: Use the form below to record the organizations to which you belong and the activities in which you participate.

ACTIVITY/ORGANIZATION	OFFICES HELD	GRADE			
		9	10	11	12

GETTING TO KNOW COLLEGES AND UNIVERSITIES

VISIT

Students are encouraged to visit colleges to get to know the environment. We strongly suggest you call the Admissions Office to make an appointment for a campus tour and information session. Always fill out an information card when visiting a college.

WEB SITES

Visit a college web site to further investigate their admission requirements, programs, majors and activities. .

MAILING LIST

Sign up to be on their mailing list on a college web site, filling out a card on a college visit or by calling the office of Admission. As a prospective student you will receive more information about the college and notification of local visits by their admission representatives.

NATIONAL COLLEGE FAIR

The National Association for College Admission Counseling sponsors a National College Fair, usually in April (Southern California). Information on the national college fair tour can be found at: www.nacac.org



Any PVHS student may attend the National College Fair. The College & Career Center organizes bus transportation for a nominal fee. Information on the sign-up is sent out on Naviance one month before the event.



COLLEGE/CAREER CENTER SERVICES

The College & Career Center, located in Room 318, serves as a doorway to college admissions. In conjunction with the Counseling Office, the College & Career Center provides a full range of college admission information and activities including the following:

Information available:

- Information on colleges and universities
 - Brochures, View Books, Videos and Course Catalogs
 - Handbooks and Directories
 - Guidebooks for parents
- UC, CSU and Common Applications
- College Admission Testing
 - Registration Material
 - Study Guides
- Financial Aid Information
 - FAFSA (Free Application for Federal Student Aid) Application and CSS/Financial Aid Profile
- Scholarship information and applications (local, community, national & corporate scholarships)
- Career and vocational planning information
 - SCROC (Southern California Regional Occupation Center) information and applications
- Military and Federal Service Academy Information
- NCAA and College Athletic Information
- Summer programs and internships

Services Provided:

- Naviance – a computer assisted college search and application management system for students
 - Registration, training and searching assistance provided for students and parents
- Application assistance for students
- Financial Aid and Scholarship application assistance for students
- UC and CSU Application workshops
- Workshops for students and parents throughout the year
 - Grade appropriate checklists following the college admission timeline
- Admissions Representative Visits from over 100 colleges and universities across the nation and abroad
- Computers with Internet access and copiers (black/white and color; fee for copies) available for student use
- Support for PVHS staff and teachers







Annual Events:

- Mock (practice) tests for the SAT, SAT Subject Tests and ACT
- Special Programs: College Admission Testing Night, PSAT Score Give-back Night, Coffee Chats with Parents, College Essay Night and special events with guest speakers from institutions across the nation
- College Night (Spring); speakers from a variety of colleges and institutions and workshops on numerous college admission topics
- Financial Aid Seminars: Funding a College Education, Financial Aid and FAFSA Workshops, Scholarships
- College Workshops for students: various workshops and hands-on sessions on topics ranging from college applications to athletics.
- National Association for College Admission Counseling College Fair – Southern California field trip

Students and parents are encouraged to take advantage of the many opportunities available through the College & Career Center. All activities and events are announced in the Daily Bulletin, Naviance, Edline and the College & Career Center Bulletin Board (inside and outside Room 318). Monthly articles also appear in "The Wave".

Additional information about the College & Career Center is available at www.pvhigh.com

FACTORS TO CONSIDER WHEN CHOOSING A COLLEGE

<p style="text-align: center;">Cost</p> <ul style="list-style-type: none"> • What are the costs of tuition? Room and board? Are there other fees? • How much did costs increase from last year to this year? • Is there a difference in the costs for in-state and out-of-state students? • Are accepted students required to place deposits for tuition and housing? Are these refundable? • By when must accepted students decide whether they will attend? • Are deposits required each year for returning students? • When do the bills have to be paid? 	<p style="text-align: center;">Social Life</p> <ul style="list-style-type: none"> • What is the average age of the student body? • What is the male-to-female ratio? • What percent of students reside on campus? • Are dorms co-ed or single sex? • Is it a "suitcase college" where students leave on the weekends? • What are the procedures for selecting a roommate? • What are the rules and regulations that govern campus and dormitory life? 
<p style="text-align: center;">College Characteristics</p> <ul style="list-style-type: none"> • Where is the college located (city, suburb, small town, rural setting)? • What is the surrounding community like? • Is the college public, private, church affiliated? • What is the current student enrollment? • What special or unique programs are offered? • Does the college have general education or course distribution requirements? What are they? • Does the college have special programs for transfer students? • What is the academic calendar (semesters, quarters)? 	<p style="text-align: center;">Academics</p> <ul style="list-style-type: none"> • What is the average class size? • How many students in last year's freshman class returned for their sophomore year? • What was the grade point average for the freshman class last year? • What are the college's procedures for student orientation, class placement, and scheduling? Are classes guaranteed? • How is a faculty advisor assigned to students? • What services does the school offer for the student who is undecided about a major? • How many students complete a degree? What are the most popular majors? • Are students taught by full-time faculty members, graduate assistants, or a combination of both? • What types of additional services are provided by the school at no cost to the student (e.g., tutoring, career, personal counseling, developmental reading, study skills workshops, job placement)? • Is there an honors program? What are the qualifications for entry? 
<p style="text-align: center;">Admissions Requirements</p> <ul style="list-style-type: none"> • What high school courses are required? • Are entrance tests required? Which ones? What scores are acceptable? • Is a certain grade point average or class rank required? • Will my activities and school involvement be considered? • Is there an essay on the application? Is it read? • Is there an early decision or early action plan? • On what basis are applicants accepted? • Are personal interviews or letters of recommendation required? • Do certain majors have special requirements? • Can admission denials be appealed? • What are the application filings dates? 	<p style="text-align: center;">Financial Aid</p> <ul style="list-style-type: none"> • What percent of students receive financial aid based on financial need? • What percent of students receive scholarships based on academic ability? • What would be a typical financial aid package for a freshman? • What percent of those who apply for financial aid receive it? • Will my financial aid be adjusted if my need increases? • What are the financial aid application procedures and deadlines? • When are financial aid applicants notified of their awards? • How long do they have to respond? Is there a tuition payment plan? • Are there campus and off-campus jobs available? 
<p style="text-align: center;">Student Population</p> <ul style="list-style-type: none"> • Where do the majority of students come from? • Do most of the students commute or live on campus? • What types of student activities are there? • Are sororities and fraternities on campus? • What athletic programs are available? • Is the surrounding community supportive of the college? • Does the college have a campus visitation program? • Is housing available/guaranteed for freshman? Is it available for all four years? 	

NAVIANCE – FAMILY CONNECTION

A College and Career Computer Resource

Naviance is a comprehensive, web-based resource used to facilitate your process in making decisions about colleges and careers. It will also encourage you to take ownership of the college search process while at the same time allowing parents access to your individual profile. Since it is web-based, you have access to its capabilities at school, at home and anywhere you have a computer connection.

All PVHS students receive their Naviance code in the Spring of their Freshman year. If you lose or forget your code, contact the College & Career Center.

Parents who would like their registration code should request it by sending an email to:
pvhsnaviancerequest@gmail.com

Naviance enables you to do the following:

Research colleges: Compare GPA, SAT/ACT Scores and other statistics to actual data from each college as well as look up individual school profiles. Link directly from Naviance to college web sites and email colleges with inquiries. Colleges may be searched for qualities such as: location, size, cost, majors, admission selectivity, sports, etc. Students may search for compatible colleges by using the “College Search” feature found as a quick link on the log-in page. Naviance is able to provide college acceptance data from PVHS graduating classes. This data is found on the PVHS website at www.pvhigh.com. (>CCC>College Acceptances).

Sign Up for College Visits: Find out which colleges are visiting our school and sign up for their information session. If you have designated a certain college in your personal Naviance interest file (under “My Colleges”) you will automatically receive an email when a visit from that college is scheduled.

Organize and Track Your College Admission Process: Build a resume, complete on-line surveys, manage application and testing deadlines, link to college web sites, view scholarships, view summer programs and opportunities, learn about upcoming news and events, and utilize this resource to make better decisions about college and careers. “My Resume” helps students maintain their list of activities and achievements throughout their high school career, a valuable resource when filling out college or job applications.

Career Assistance: Sophomore students benefit from a program highlight known as “Do What You Are” found on Naviance under “My Personality Type”. The results of this personality inventory is discussed with your Counselor in a Sophomore Guidance Lesson. This in-depth final report directs students to careers, future areas of study-college majors, strengths and weaknesses and ultimately a list of potential colleges.

SAT and ACT Test Preparation: Thanks to funding from the PVHS Booster Club, we are able to offer an added feature on Naviance called Method Test Prep. Click on “Test Preparation” and you will discover free test preparation and full length tests for the SAT and ACT.

Naviance gives families the benefit of up-to-date, objective, advertisement-free and localized data about college admission. At the same time, it bridges the gap between school and home by helping students make better decisions about college and career opportunities. We encourage you to sign on and do some exploring. If you have any questions, don't hesitate to contact your counselor or Teri Kuwahara in the College & Career Center.

How to get started on Naviance: Once you have your registration code, you are ready to set up your account on Naviance. The quickest and easiest way to log-in is to go to the PVHS website: www.pvhigh.com and click on the NAVIANCE quick link found on the left toolbar. This will take you directly to the Naviance log-in page. Bookmark this page for future ease of use. New users should enter their registration code and follow the direction to setting up your user name and password. If you experience any difficulty or forget your user name or password, see your counselor on the College & Career Center.

Weekly News from the College & Career Center: Make sure you enter your email address in your Naviance profile. All communication from the College & Career Center is sent out via Naviance. You do not want to miss critical notices or requests for information.

COLLEGE AND UNIVERSITY ENTRANCE EXAMINATIONS

Academic programs and standards vary in secondary schools throughout the nation. An "A" earned at a less-than-rigorous high school may be equivalent to a lesser grade at a more rigorous school, comparisons of high school records is difficult. Most four-year colleges and universities, therefore, require applicants to take the SAT or ACT tests used as additional means of assessing students for college admission. Some schools require additional SAT Subject Tests. Make sure you verify the individual admission requirements for each college.

For a list of colleges that do not require the SAT or ACT go to: www.fairtest.org.

PSAT/NMSQT

Preliminary SAT/National Merit Scholarship Qualifying Test

The PSAT/NMSQT is designed for high school JUNIORS to give them an indication of how they will score on the SAT. It is also used as the qualifying examination for the National Merit Scholarship Program. Juniors who score sufficiently high receive letters of commendation or achieve semifinalist or finalist status. The test is administered by PVHS in October. For more information on the PSAT/NMSQT go to the PVHS website: www.pvhigh.com.

Click on: CCC>Testing>PSAT/NMSQT.

SAT Reasoning Test

This is a test used by colleges as one of the assessment factors in the admission-selection process. It is a test offered by The College Board. Test registration and fee payment is made directly to: www.collegeboard.com. Paper registration packets and study guides are available in the College & Career Center.

- The SAT is divided in three sections: Mathematics, Critical Reading and Writing
 - The test is approximately 3 ½ hours long, offered 7 times per year on a Saturday
- Test scores vary from 200 to 800 point per section.
 - All test scores become part of the student's official SAT Score Report
 - There is a scoring penalty for wrong answers.

For more information on the SAT Reasoning Test, go to the PVHS website: www.pvhigh.com

Click on CCC>Testing>SAT

SAT Subject Tests

Not all colleges require Subject Test scores as part of their admission assessment. Make sure you consult with the individual college requirements. For example: The University of California requires two subject test scores and Georgetown University requires three subject test scores.

- SAT Subject Tests are offered in 22 subject areas. Not every test is offered on each test date.
- Each Subject Test is one hour long and a student may take up to three SAT Subject Tests in one day. Register at: www.collegeboard.com
- A SAT Subject Test may not be taken on the same date as the SAT Reasoning Test.
- Subject Test scores vary from 200 to 800 points per test.
 - All test scores become part of the student's official SAT Score Report.
 - There is a scoring penalty for wrong answers.

For more information on the SAT Subject Tests, go to the PVHS website: www.pvhigh.com. Click on CCC>Testing>SAT Subject Test

The PLAN

Preliminary ACT

The PLAN is a college readiness test specifically designed for 10th graders as a predictor of success on the ACT. It is also a guidance resource helping students measure their current academic development, explore career/training options and planning for the future.

- The PLAN has four areas of achievement assessment: English, Mathematics, Reading and Science that is content appropriate to 10th graders. It is not a complete ACT, but rather a preliminary assessment.
 - The Achievement assessment accounts for 105 minutes of the test.
 - An additional 65 minutes is devoted to needs assessment and interest inventory directing students to personally relevant career options.
- It is a curriculum-based test measuring what students know and what they are able to do with their knowledge. There is no scoring penalty for wrong answers.
- The PLAN is offered in the spring of sophomore year. Information is distributed to 10th grades in their conference with Counselors. Registration is on the PVHS campus.

ACT

The ACT consists of four areas of achievement: English, Mathematics, Reading and Science. There is an additional Writing component that is not always required but high recommended. Check with individual college admission requirements. The test is approximately 3 ½ to 4 hours in length.

- The ACT is offered 6 times per year. Register for the ACT at: www.act.org
- The ACT is scored on a 36 point scale. There is NO scoring penalty for wrong answers. A student earns a score in each section and a composite score.
- Student may select a specific test score (from one sitting) to send to a college without an entire history of scores from multiple test sittings.

For more information on the ACT, go to the PVHS website: www.pvhigh.com Click on CCC>Testing>ACT

TOEFL

Test of English as a Foreign Language

The TOEFL is a test that measures the ability to communicate in English in colleges and universities for English as a Second language students. It is accepted at most, but not all, colleges. Check with individual colleges for their admission policies. Further information on the TOEFL and language qualification may be obtained at www.ets.org.

CALIFORNIA COMMUNITY COLLEGES

The California Community Colleges is the largest higher educational system in the nation comprised of 72 districts and 110 colleges with more than 2.6 million students per year.

A student may choose to attend a California Community College for several reasons:

- Earn an Associate of Arts (A.A.) degree or Associate of Science (A.S.) degree in a general education or vocational program.
- Preparation to transfer to a four-year college or university with or without receiving an A.A. or A.S. degree.
 - Choose an Honors Transfer Program to a University of California campus or other four-year college.
 - Choose a post-secondary education close to home.
- Supply workforce training and basic skills education.
- Earn a certificate in a vocational area.
- Opportunities for personal enrichment and lifelong learning.

California Community College enrollment is open to:

- High School Graduates
- Anyone 18 years or older, with or without a high school diploma
- Anyone with the equivalent of a high school diploma

High School students who have completed their sophomore year (10th) may enroll in a maximum of 6 units. Counselor recommendation is required on a special enrollment form available in the Counseling Office or the College & Career Center.

For more information on California Community Colleges, go to:



Students planning to transfer from a California Community College to a four-year college or university are strongly encouraged to consult with a community college counselor regarding specific lower division courses which should be taken in order to transfer with minimum loss of credit. Not all courses offered at a community college are transferable to a four-year college or university. Students should also refer to the official school catalog of a four-year college or university for information about admission of transfer students from a community college.



Chancellor's Office
California Community Colleges

1102 Q Street Sacramento, California 95814-6511 www.cccco.edu

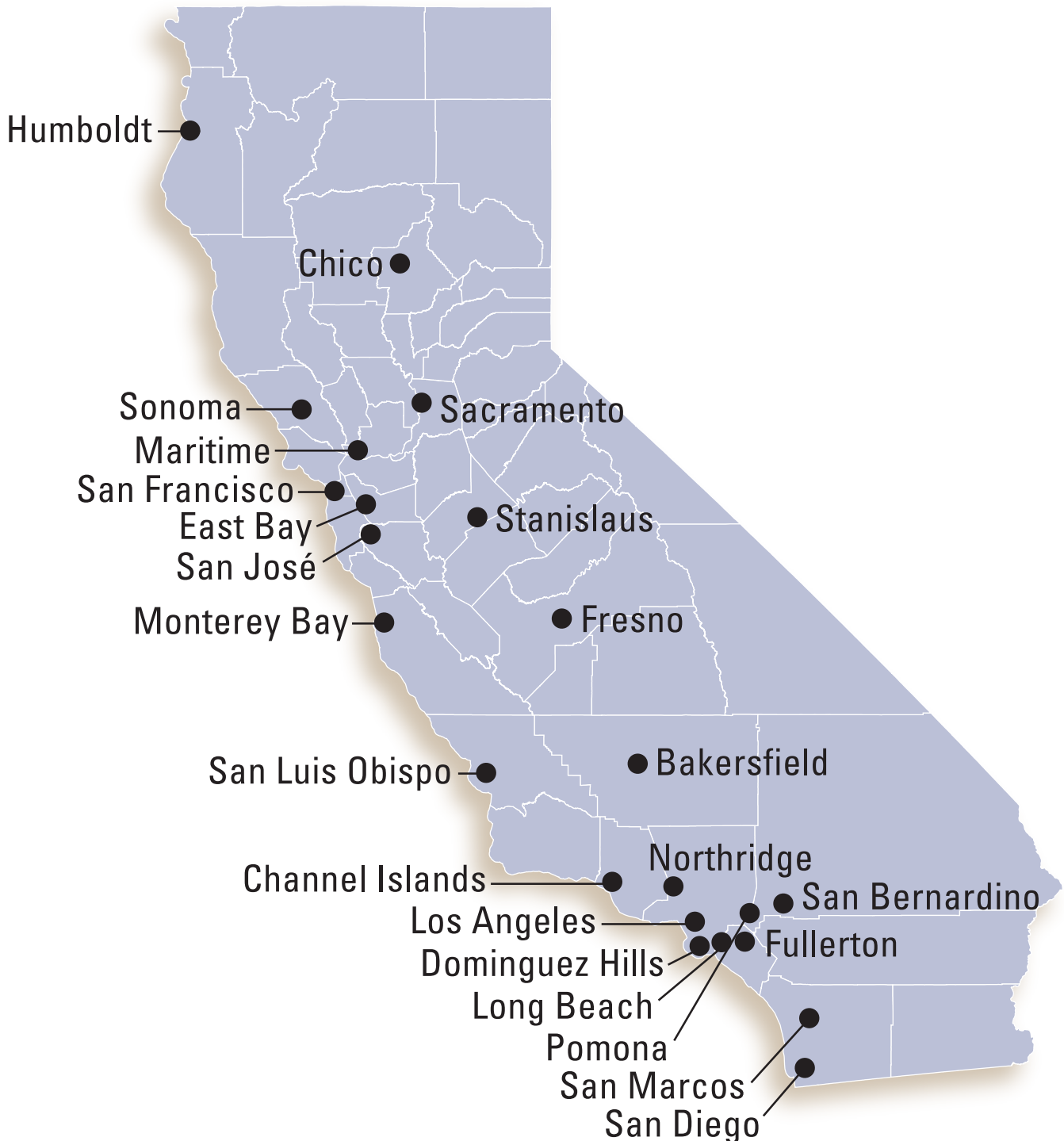
CALIFORNIA COMMUNITY COLLEGES
 Locate further information at www.californiacolleges.edu

Alameda	Alameda	510-522-7221
Allan Hancock	Santa Maria	805-922-6966
American River	Sacramento	916-484-8011
Antelope Valley	Lancaster	805-772-6300
Bakersfield	Bakersfield	661-395-4011
Barstow	Barstow	760-252-2411
Butte	Oroville	530-895-2511
Cabrillo	Aptos	831-479-6100
Canada	Redwood City	650-306-3201
Canyons	Santa Clarita	661-259-7800
Cerritos	Norwalk	562-860-2451
Cerro Coso	Ridgecrest	760-384-6001
Chabot	Hayward	510-723-6600
Chaffey	Rancho	909-987-1737
Citrus	Glendora	626-914-8700
Coastline	Fountain Valley	714-546-7600
Columbia	Sonora	209-588-5100
Compton	Compton	310-900-1600
Contra Costa	San Pablo	510-235-7800
Copper Mountain	Joshua Tree	760-366-3791
Cosumnes River	Sacramento	916-691-7300
Crafton Hills	Yucaipa	909-794-2161
Cuesta	San Luis Obispo	805-546-3973
Cuyamaca	El Cajon	619-660-4000
Cypress	Cypress	714-484-7000
De Anza	Cupertino	408-864-5678
Desert	Palm Desert	760-773-2506
Diablo Valley	Pleasant Hill	925-685-1230
East Los Angeles	Monterey Park	323-265-8650
El Camillo	Torrance	310-532-3670
Evergreen Valley	San Jose	408-274-7900
Feather River	Quincy	530-283-0202
Foothill	Los Altos Hills	650-949-7777
Fresno City	Fresno	559-442-4600
Fullerton	Fullerton	714-992-7000
Gavilan	Gilroy	408-847-1400
Glendale	Glendale	818-240-1000

Golden West	Huntington Beach	714-895-8792
Grossmont	El Cajon	619-644-7000
Hartnell	Salinas	831-755-6960
Imperial Valley	Imperial	760-355-6217
Irvine Valley	Irvine	949-451-5100
Lake Tahoe	South Lake Tahoe	530-541-4660
Laney	Oakland	510-834-5740
Las Positas	Livermore	925-373-5800
Lassen	Susanville	530-257-6181
Long Beach City	Long Beach	562-938-4111
Los Angeles City	Los Angeles	323-953-4000
Los Angeles Harbor	Wilmington	310-522-8200
Los Angeles Mission	Sylmar	818-364-7600
Los Angeles Pierce	Woodland Hills	818-347-0551
Los Angeles	Los Angeles	323-241-5225
Los Angeles Trade-	Los Angeles	213-744-9058
Los Angeles Valley	Van Nuys	818-947-2600
Los Medanos	Pittsburg	925-439-2181
Marin	Kentfield	415-457-8811
Mendocino	Ukiah	707-468-3002
Merced	Merced	209-384-6000
Merritt	Oakland	510-531-4911
Mira Costa	Oceanside	760-757-2121
Mission	Santa Clara	408-748-2200
Modesto	Modesto	209-575-6058
Monterey Pen.	Monterey	831-646-4010
Moorpark	Moorpark	805-378-1405
Mt. San Antonio	Walnut	909-594-5611
Mt. San Jacinto	San Jacinto	909-487-6752
Napa	Napa	707-253-3095
Ohlone	Fremont	510-659-6202
Orange Coast	Costa Mesa	714-432-5628
Oxnard	Oxnard	805-986-5800
Palomar	San Marcos	760-744-1150
Palo Verde	Blythe	760-922-6168
Pasadena City	Pasadena	626-585-7301
Porterville	Porterville	559-791-2200

Redwoods	Eureka	707-476-4100
Reedley	Reedley	559-638-3641
Rio Hondo	Whittier	562-908-3425
Riverside	Riverside	909-222-8000
Sacramento City	Sacramento	916-558-2441
Saddleback '	Mission Viejo	949-582-4500
San Bernardino Valley	San Bernardino	909-888-6511
San Diego City	San Diego	619-230-2400
San Diego Mesa	San Diego	619-388-2600
San Diego Miramar	San Diego	858-536-7800
San Francisco City	San Francisco	415-239-3000
San Joaquin Delta	Stockton	209-954-5151
San Jose City	San Jose	408-298-2181
San Mateo	San Mateo	650-574-6161
Santa Ana	Santa Ana	714-564-6000
Santa Barbara City	Santa Barbara	805-965-0581
Santa Monica	Santa Monica	310-450-5150
Santa Rosa	Santa Rosa	707-527-4011
Santiago Canyon	Orange	714-564-4000
Sequoias	Visalia	559-730-3700
Shasta	Redding	530-225-4841
Sierra	Rocklin	916-781-6203
Siskiyou	Weed	530-938-4462
Skyline	San Bruno	650-738-4100
Solano	Suisun City	707-864-7000
Southwestern	Chula Vista	619-421-6700
Taft	Taft	661-763-7700
Ventura	Ventura	805-654-6400
Victor Valley	Victorville	760-245-4271
Vista	Berkeley	510-841-8431
West Hills	Coalinga	209-935-0801
West Los Angeles	Culver City	310-287-4200
West Valley	Saratoga	408-741-2098
Yuba	Marysville	530-741-6700

THE 23 OUTSTANDING CAMPUSES OF THE CSU



University of California



CSU-UC Comparison of Eligibility Requirements for 2010-11 Freshman Admission

	California State University (CSU)	University of California (UC)
HIGH SCHOOL GPA	Calculate GPA using only "a-g" approved courses taken after the 9 th grade. All "a-g" courses and grades must be reported.	
SUBJECT REQUIREMENTS	15 yearlong college preparatory courses from approved "a-g" list are required:	
"a" History/Social Science	2 years of history/social science, including one year of U.S. history OR one semester of U.S. history and one semester of American government, AND...	
	1 year of history/social science from either the "a" or "g" subject area	1 year of world history, cultures, and geography from the "a" subject area
"b" English	4 years of English (including no more than one year of Advanced ESL/ELD courses)	
"c" Mathematics	3 years of math (algebra I and II, geometry); 4 years recommended	
"d" Laboratory Science	2 years of laboratory science, including at least two of the three foundational subjects of biology, chemistry, and physics	
	At least 1 year of physical science and 1 year of biological science, one from the "d" subject area and the other from the "d" or "g" area *	Both courses must be from the "d" subject area: <i>3 years recommended</i>
"e" Language Other Than English	2 years of language other than English (must be the same language)	
		3 years recommended
"f" Visual and Performing Arts	1 yearlong course in visual and performing arts (selected from dance, music, theatre/drama and visual arts)	
"g" College Preparatory Elective	1 year of an elective chosen from any area on approved "a-g" course list	
	(Numerous career technical courses are approved for fulfillment of "a-g" subject requirements.)	
HONORS POINTS	Maximum of 8 extra grade points awarded for approved honors, AP, or IB courses and transferable community college courses. No more than two yearlong courses taken in 10 th grade can earn honors points.	

**It is best to prepare for both the UC and the CSU by completing two laboratory courses from the "d" subject area.*

**Palos Verdes High School
Approved Course List 2009-10
University of California**

- A. HISTORY/SOCIAL SCIENCE: 2 Years required**
American Government (S), American Government AP (S), Comparative Government AP (S), European History AP, Human Geography AP (S), U. S. History, U.S. History AP, World History, World History Honors, World History AP
- B. ENGLISH: 4 years required**
ELD, English 1, 2, 3, 4, English 1 Honors, English 2 Honors, English 3 H, English AP Language and Composition, English AP Literature, Shakespeare (S)
- C. MATHEMATICS: 3 years required, 4 years recommended:**
*Algebra 1, *Algebra 2, *Algebra 2 Honors, *Algebra 2 MCR, Calculus, Calculus AB AP, Calculus BC AP, Functions, Trigonometry, Statistics, *Geometry, *Geometry Honors, *Geometry MCR, Post Calculus Advanced Mathematics, Pre-Calculus, Pre-Calculus Honors, Statistical Analysis, Statistical Analysis AP
- D. LABORATORY SCIENCE: 2 years required, 3 years recommended:**
Biology, Biology 1 Honors, Biology 2, Biology 2 AP, Chemistry 1, Chemistry 1 Honors, Chemistry AP, Environmental Science AP, Marine Biology, Marine Biology H, Physics, Physics B AP, Physics C AP, Physiology & Anatomy
- E. LANGUAGE OTHER THAN ENGLISH: 2 years required, 3 years recommended:**
*Chinese 1, Chinese 2, Chinese 3, Chinese 3H, Chinese 4, Chinese AP Language & Composition
*French 1, French 2, French 3, French 3H, French 4, French AP Language & Composition, French AP Literature
*Spanish 1, Spanish 2, Spanish 2 MCR, Spanish 3, Spanish 3 Honors, Spanish 3 MCR, Spanish 4, Spanish AP Language, Spanish 5, Spanish AP Literature
- F. VISUAL AND PERFORMING ARTS: 1 yr. Please note: subjects in this section with an * meet F requirement only (not G):**
Advanced Orchestra, Art History AP, *Ceramics 1, Ceramics 2, Ceramics 3, Ceramics 4, *Chamber Choir, Choreo Dance, Civil Engineering & Architecture, *Concert Band, Digital Animation 1, Digital Animation 2, Digital Animation 3, *Drama 1, Drama 2, Drama 3 Advanced, Drama 4 Advanced, *Drawing/Painting 1, Drawing/Painting 2, Engineering Design & Development, Intermediate Dance, *Jazz Band 1, Jazz Band 2, *Musical Theatre, Music Theory AP, Orchestra, *Photography 1, Photography 2, Photography 3, , *Sculpture 1, Sculpture 2, Studio Art AP 2-D, Studio Art AP 3-D, Studio Art AP Drawing Portfolio, *Video Production 1, Video Production 2, Video Production 3, Video Production 4
- G. ELECTIVES: 1 year required:**
One year (two semesters), in addition to those required in “A – F” above. All courses must be listed under “A – F” above with the exception of courses marked with an asterisk* in Mathematics, Language other than English, and VPA; plus the following:

Advanced Philosophy and Religion (S), Avid 12, Comparative Religions (S), Computer Science A AP, Computer Science AB AP, Developmental Physiology and Sports (S), Digital Electronics, Earth Science, Economics (S), Economics AP (S), , History of American Popular Music (S), Introduction to Engineering Design, Journalism 1 (S), Journalism 2, Journalism 3, Journalism 4, Principles of Engineering, Psychology (S), Psychology AP, Public Speaking (S), Sociology (S), Women’s Studies (S)

ONLY THE UNDERLINED COURSES RECEIVE HONORS CREDIT (A=5, B=4, C=3)
S = One Semester
For a more detailed list please reference: <http://pathways.ucop.edu/doorways/list/site>

INDEPENDENT COLLEGES AND UNIVERSITIES

There are numerous colleges and universities in the United States, each with its own admissions requirements. Students interested in specific colleges should consult the school's catalog or website for entrance and test requirements.

The "A-G" subject requirements of the University of California can serve as a general guide for admissions requirements. Students should keep in mind, however, that these are minimum requirements and many colleges, particularly highly selective ones, will expect students to have taken a more difficult course of study.

The high school counselor is available to assist students in understanding the admissions requirements and to provide advice about the high school program in which they should enroll.





NCAA FRESHMAN-ELIGIBILITY STANDARDS QUICK REFERENCE SHEET

KNOW THE RULES:

Core Courses

- **NCAA Division I requires 16 core courses as of August 1, 2008.** This rule applies to any student first entering any Division I college or university on or after August 1, 2008. See the chart below for the breakdown of this 16 core-course requirement.
- **NCAA Division II requires 14 core courses.** See the breakdown of core-course requirements below. Please note, Division II will require 16 core courses beginning August 1, 2013.

Test Scores

- **Division I** has a sliding scale for test score and grade-point average. The sliding scale for those requirements is shown on page two of this sheet.
- **Division II** has a minimum SAT score requirement of 820 or an ACT sum score of 68.
- The SAT score used for NCAA purposes includes **only** the critical reading and math sections. The writing section of the SAT is not used.
- The ACT score used for NCAA purposes is a **sum** of the four sections on the ACT: English, mathematics, reading and science.
- **All SAT and ACT scores must be reported directly to the NCAA Eligibility Center by the testing agency. Test scores that appear on transcripts will not be used. When registering for the SAT or ACT, use the Eligibility Center code of 9999 to make sure the score is reported to the Eligibility Center.**

Grade-Point Average

- Only core courses are used in the calculation of the grade-point average.
- **Be sure** to look at your high school's list of NCAA-approved core courses on the Eligibility Center's Web site to make certain that courses being taken have been approved as core courses. The Web site is www.ncaaclearinghouse.net.
- **Division I** grade-point-average requirements are listed on page two of this sheet.
- **The Division II** grade-point-average requirement is a minimum of 2.000.

DIVISION I	
16 Core-Course Rule	
<u>16 Core Courses:</u>	
4	years of English.
3	years of mathematics (Algebra I or higher).
2	years of natural/physical science (1 year of lab if offered by high school).
1	year of additional English, mathematics or natural/physical science.
2	years of social science.
4	years of additional courses (from any area above, foreign language or nondoctrinal religion/philosophy).

DIVISION II	
14 Core-Course Rule	
<u>14 Core Courses:</u>	
3	years of English.
2	years of mathematics (Algebra I or higher).
2	years of natural/physical science (1 year of lab if offered by high school).
2	years of additional English, mathematics or natural/physical science.
2	years of social science.
3	years of additional courses (from any area above, foreign language or nondoctrinal religion/philosophy).

PLEASE NOTE: Beginning August 1, 2013, students planning to attend an NCAA Division II institution will be required to complete 16 core courses.

OTHER IMPORTANT INFORMATION

- Division II has no sliding scale. The minimum core grade-point average is 2.000. The minimum SAT score is 820 (verbal and math sections only) and the minimum ACT sum score is 68.
- 14 core courses are currently required for Division II. However, beginning 2013, students will be required to complete 16 core courses.
- 16 core courses are required for Division I.
- The SAT combined score is based on the verbal and math sections only. The writing section will not be used.
- SAT and ACT scores must be reported directly to the Eligibility Center from the testing agency. Scores on transcripts will not be used.
- Students enrolling at an NCAA Division I or II institution for the first time need to also complete the amateurism questionnaire through the Eligibility Center Web site. Students need to request final amateurism certification prior to enrollment.

For more information regarding the rules, please go to www.ncaa.org. Click on "Academics and Athletes" then "Eligibility and Recruiting." Or visit the Eligibility Center Web site at www.ncaaclearinghouse.net.

Please call the NCAA Eligibility Center if you have questions:

Toll-free number: 877/262-1492.

NCAA DIVISION I SLIDING SCALE CORE GRADE-POINT AVERAGE/ TEST-SCORE New Core GPA / Test Score Index		
Core GPA	SAT Verbal and Math ONLY	ACT
3.550 & above	400	37
3.525	410	38
3.500	420	39
3.475	430	40
3.450	440	41
3.425	450	41
3.400	460	42
3.375	470	42
3.350	480	43
3.325	490	44
3.300	500	44
3.275	510	45
3.250	520	46
3.225	530	46
3.200	540	47
3.175	550	47
3.150	560	48
3.125	570	49
3.100	580	49
3.075	590	50
3.050	600	50
3.025	610	51
3.000	620	52
2.975	630	52
2.950	640	53
2.925	650	53
2.900	660	54
2.875	670	55
2.850	680	56
2.825	690	56
2.800	700	57
2.775	710	58
2.750	720	59
2.725	730	59
2.700	730	60
2.675	740-750	61
2.650	760	62
2.625	770	63
2.600	780	64
2.575	790	65
2.550	800	66
2.525	810	67
2.500	820	68
2.475	830	69
2.450	840-850	70
2.425	860	70
2.400	860	71
2.375	870	72
2.350	880	73
2.325	890	74
2.300	900	75
2.275	910	76
2.250	920	77
2.225	930	78
2.200	940	79
2.175	950	80
2.150	960	80
2.125	960	81
2.100	970	82
2.075	980	83
2.050	990	84
2.025	1000	85
2.000	1010	86

FREQUENTLY-ASKED QUESTIONS AND THEIR ANSWERS

1. **How many years of math should I take if I am planning to attend the University of California or a selective private college or university?**

The University of California and many selective private schools require a minimum of three years of math - elementary algebra, geometry, and intermediate algebra. However, many undergraduate majors require that you have a proficiency in math beyond the three years necessary for admission. If you select a major that requires either calculus or statistics, you should have the background to take such a course in your freshman year in college.

2. **What are the advantages for a college-bound student to enroll in courses offered by the Southern California Regional Occupational Center (SCROC)?**

You will have the opportunity to explore career options, to learn and develop new skills, to find out more about your abilities, and, perhaps, to earn some money applying your skills in a job.

3. **If I am undecided about what college I will eventually attend, what kind of courses shall I plan to take?**

You should take college preparatory courses. A general guide to follow is the "A-G" subject requirements of the University of California, which will fulfill the admissions requirements for all but the most selective colleges and universities. You should keep in mind, however, that these are the minimum courses needed to prepare you to be successful in college and university work.

4. **When should I take the Scholastic Aptitude Test (SAT I), the American College Test (ACT), and/or the (SAT II) Subject Tests of the College Board?**

As a general rule, you should take the tests no later than December of the year before you plan to enter college in the fall. It is generally recommended that students take the SAT I and ACT at the end of their junior year. Taking the tests in the spring will allow students the maximum time to schedule an additional test if "retakes" are advisable. Subject Tests should be taken as soon as possible after you have completed a course (or courses) in the subject being tested while the material is still fresh in your mind.

5. **How should I take advantage of the many services available through the College & Career Center at my school?**

First of all, you should find out where the College & Career Center at your school is located. You should then visit the center and examine the various materials that are there. The numerous books and catalogs are for your use in your college and career planning. Attend the seminars presented each year by over one hundred representatives from companies and colleges throughout the United States. Get to know the career technician and let her/him know what your interests are. School announcements and special bulletins will keep you informed of the many activities in the College & Career Center.

6. **How can I get to know more about the various colleges and universities I might be interested in attending?**

Study college catalogs and brochures. Check the college/university website. Talk with students, former students, and older adults about schools which interest you. Attend seminars presented by college representatives and ask questions. Attend the College Fair and talk with representatives of colleges from throughout the United States. Visit college campuses and attend classes. Be creative in searching out information about colleges and universities that interest you.

FREQUENTLY-ASKED QUESTIONS AND THEIR ANSWERS (continued)

7. How many times per year will I meet with my counselor?

Every student will meet with a counselor during the school year. Students may drop by at any time to request an appointment. If you would like to have a conference, you may stop by the counseling office to make an appointment. Counselors are also available on a “drop in” basis during lunch and after school. You should take the initiative in getting to know your counselor and in making an appointment whenever you need to discuss something with him/her.

8. What are the advantages for a student who becomes involved in the extra-curricular activity program offered by each high school?

Participating in extra-curricular activities has many advantages for you. It gives you an opportunity to make new friends and to get to know your classmates better. It provides a chance for you to develop leadership skills and team spirit. Selective colleges often look for students who have a strong record of experience in extra-curricular activities and demonstrated leadership qualities.

9. Do my freshman grades count toward admission to a college or university?

Technically, the University of California and the California State University systems do not consider students' freshman grades in computing the grade point average; however, subject requirements satisfied in the ninth grade do count toward the satisfaction of admission requirements if they are completed with a “C” or better. In addition, many other colleges and universities do count grades from all four years of high school. The grade-record throughout high school is thus very important, and your high school grades are used in computing your high school grade point average.

10. Do summer school grades count in the computing of my overall grade point average (GPA)?

Yes, grades in summer school do count in computing your high school grade point average. If you are not sure if a course counts for graduation credit, you should check with your counselor before taking the course.

11. Does Algebra 1, successfully completed in the eighth grade, count as one year of math to apply toward the University of California admissions requirement?

Yes, it counts toward the three year math requirement, but the grades do not count in figuring your grade point average for admission. NCAA will not accept Algebra 1 as a core course if taken in the eighth grade.

12. When preparing for a college admission test, what should a student do?

Here are some steps all students should try to take:

- (a) Obtain and study the current and official descriptive material for the test.
- (b) Take at least one practice test under the same time limit as on actual tests.
- (c) Review areas of knowledge where the practice test showed a weakness.
- (d) Explore the help and support that may be available to you from the test sponsor, the test developer, your high school community agencies, and other organizations.
- (e) Be careful to see that the methods of test preparation are worth the time and money they require.
- (f) Be skeptical of any class tutor, book, or other means that claim you will experience drastic improvements.
- (g) If, after taking the test for the first time you found you were not familiar or comfortable with the test procedures, or if your score was lower than you reasonably expected, consider additional preparation and or retesting.

NOTES

